

“In this life we cannot do great things. We can only do small things with great love.”

Blessed Mother Teresa

Thank you for helping local Families In Need!

North County Solutions
Homeless Shelter for Children and Parents
890 East Vista Way, Vista, CA 92081

Provide dinner for 30-40 residents one month during the year.

St. Thomas More provides monthly dinner meals for the North County Solutions for Change homeless intake shelter in Vista. Your help with this valuable service is most welcome!

Individuals, families and/or committees are welcome to ‘adopt’ one month (or more) during the year. To reserve a month, please call Paul or Kalei Mendiola at 760-945-9042.

The following checklist is helpful for dinner planning:

- ◆ Dinner foods (i.e., casseroles, ham, chicken, lasagna ~ please bring heated and ready to serve/kitchen has only two microwaves)
- ◆ Fruit or green salad
- ◆ Beverages
- ◆ Dessert (i.e, brownies, cookies, cake, cupcakes)
- ◆ Disposable plates, cups, plastic utensils, napkins
- ◆ Use disposable serving dishes and serving utensils
- ◆ Ice in STM kitchen can be used on the day of event for ice chest to transport drinks, salads, etc. if necessary
- ◆ Your time to deliver and/or help to serve the meal. Due to space availability only two or three people should go to the shelter for delivery and/or serving
- ◆ Monetary donations to help with any of the above items
- ◆ Please contact Barbara at NCSC several days in advance to find out the number of people in residence at that time.

Barbara ~ 760-941-6545 ext. 306

Barbara@solutionsforchange.org



Paul & Kalei Mendiola
Dinner Coordinators
760-945-9042
kaleiann@sbcglobal.net

