



# **GROWING OUR FAITH / ENGAGING WITH OUR WORLD**

*Opportunities for Adults and Families to Grow in Faith*

*2016-2017*



It has been reported that there is a species of fish that lives in the waters off the South American continent that has the ability, with its one set of eyes, to see in two directions—up and down—at the same time.

As it makes its way through the water, it, simultaneously, looks down into the murky depths and looks upward to the sunlight piercing the water's surface!

Looking in two opposite directions at the same time is, for the human, visually impossible; but, attitudinally, achievable. Indeed, looking in two directions at the same time is essentially necessary in developing a global spirituality.

As one begins to participate with others ecumenically and inter-religiously, as one begins to ask the other, “What do you believe?”, “Why do you practice this ritual?”, and “How does this doctrine have meaning for you?”, the very same questions will be asked of you.

If you do not have the answers, you know that you must quickly search for them. Thus, the quest for knowledge about the other denomination or the other religion automatically becomes a quest for knowledge of one's own religion, one's own denomination. The more that one looks outward, the more one will need to look inward. Living ecumenically and inter-religiously, one imitates that fish and looks in two different directions at the same time.

Please review the opportunities described in this brochure and take advantage of them to increase your knowledge, grow your faith, and be better prepared to engage in a global spirituality.

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St. Thomas More Catholic Church  
1450 South Melrose Drive | Oceanside, CA 92056  
[www.stmoside.org](http://www.stmoside.org)

# GROWING OUR FAITH / ENGAGING WITH OUR WORLD

For more details, contact the Faith Formation Office at 760-758-4100 x110 or [debbief@stmoside.org](mailto:debbief@stmoside.org), visit [www.stmoside.org](http://www.stmoside.org), or watch the weekend bulletin.

## Adventures in Acts: The Spread of the Kingdom

Video presentations by Jeff Cavins with discussion following.

## Matthew: The King and His Kingdom

Video presentations by Jeff Cavins with discussion following.

## Symbolon Part 2: Living the Faith

Discover the big picture of the Catholic faith and how to live it. Video presentations by major theologians with discussion following.

## Basic Catechist Course

A preparation course for those interested in serving as catechists, but also a great basic course on the principles of our faith.

## Relationship Skills Workshop

Come and explore how to improve your relationship! You can attend one workshop, several, or all of them. Presented by Dcn. John and Debbie Fredette.

## Aging with Grace

Dr. Susan Writer, from Aurora Behavioral Health, and Dr. Sharon Hamill, from the Institute for Palliative Care at California State University San Marcos, will discuss aging well, quality of life with a chronic illness, caregiving, self-advocacy tips, and tools to help maintain independence.

## Diocesan Synod "Listening Session"

An opportunity to reflect and discuss questions related to our participation in Bishop McElroy's Synod in October on *Embracing the Joy of Love*.

## No Turning Back: A Witness to Mercy

Presented by Fr. Donald Calloway, MIC, a well-known speaker and convert to Catholicism ([www.fathercalloway.com](http://www.fathercalloway.com)).

## Ask the Pastor

Is there a question that you would like to ask the Pastor? It could be about our Parish, our Diocese, or the Universal Church. If you have questions, please get them to Fr. Mike ahead of time, to give him a chance to better prepare. Also, if there are many questions of the same nature, he will make those a priority. Email your questions to Fr. Mike at [michaelr@stmoside.org](mailto:michaelr@stmoside.org) or send/deliver them to the Parish Office.

## What Exactly Does a Pastor Do?

In this presentation, Fr. Mike will share his thoughts on what it means to be a Pastor of a Catholic Parish. His comments will include not only discussion about his functions and activities, but also his thoughts on setting a vision and course for the Parish.

## 'Til Death Do Us Part—Wait! What?!

Presentation by a panel of married couples sharing secrets for a successful marriage

## BIBLE STUDIES

### Adventures in Acts

Wed, 9/7/16-2/22/17, 9:00am

### Matthew:

### The King and His Kingdom

Thu, 9/8/16-3/23/17, 7:00pm

### Symbolon Part 2:

### Living the Faith

Wed, 3/8-5/17/17, 9:00am

## WORKSHOPS

### Basic Catechist Course

2 Sun/mo, 9/11/16-6/25/17, 2:00pm

### Relationship Skills

Tue, 9/13/16-1/17/17, 7:00pm

### Aging with Grace

Sat, 9/17/16, 9:00am-2:00pm

## GROUPS

### Men's iHunger

Selected Saturday mornings

### Men's iThirst

Various

### Centering Prayer

Thursdays at 1:00pm

## Men's iHunger

Are you hungry for a good message, good fellowship, and a good breakfast? Join us for our Saturday morning men's gathering and breakfast called iHunger. To stay informed of what's going on with iHunger via SMS text messages, Text iHunger to 84576.

## Men's iThirst

If you find yourself thirsty for occasional fellowship over a beer at a local micro-brewery, or taking a day hike, or going to a ball game together with some other great men from the Parish, Text iThirst to 84576

## Centering Prayer

Provides an opportunity to foster an ever-deepening relationship with God through Christian contemplative practices and silent prayer

## PRESENTATIONS

### Diocesan Synod

### "Listening Session"

Sun, 9/4/16, 12:30pm

### No Turning Back: A Witness to Mercy

### Fr. Donald Calloway

Fri, 10/28/16, 7:00pm

### Ask the Pastor

Sun, 11/6/17, 12:30pm

### What Exactly Does a Pastor Do?

Sun, 1/29/17, 12:30pm

### 'Til Death Do Us Part—Wait! What?!

Sun, 2/12/17, 12:30pm

### An Evening with David Haas

Mon, 2/27/17, 7:00pm

### Pope Benedict and Pope Francis

### Nothing Has Changed / Everything Has Changed

Sun, 3/12/17, 12:30pm

### Psalms, Hymns, and

### Spiritual Songs

Mon, 5/1, 5/8, 5/15/17, 7:00pm

## LARGER CHURCH

### Prayer for Peace

Fri, 9/9/16, 7:00pm

St. Joseph Cathedral, San Diego

### Faith in Healing Workshop

Sat, 9/17/16, 8:30am-12:30pm

St. Michael Catholic Church, Poway

### Palomar College

### Religious Studies Program

### Mission San Luis Rey

### Retreat Center

### Prince of Peace Abbey

Interfaith service to nurture peace and build bridges in our community.  
St. Joseph Cathedral, San Diego

## Prayer for Peace

St. Joseph Cathedral, San Diego

## Faith in Healing

Offered by the San Diego Mental Health Ministry Network  
St. Michael Catholic Church in Poway  
[SocialMinistrySanDiego.com](http://SocialMinistrySanDiego.com) or 858-490-8323

## Palomar College Religious Studies Program

[www2.palomar.edu/pages/religiousstudies/](http://www2.palomar.edu/pages/religiousstudies/) or 760-744-1150

## Mission San Luis Rey Retreat Center

[www.sanluisrey.org](http://www.sanluisrey.org) or 760-757-3651

## Prince of Peace Abbey

[www.princeofpeaceabbey.org](http://www.princeofpeaceabbey.org) or 760-967-4200

## RETREATS

### Women's

### Prayer Breakfast

Sat, 9/24/16, 9:30am

### Annual Men's Retreat

Fri-Sun, 10/7-10/9/16

### Women's Guild/Spirited Seniors

### Day of Recollection

Mon, 3/6/17, 8:30am-12:30pm

## LITURGICAL EVENTS

### XLT Evenings of Prayer and Worship

Mon, 10/24/16, 12/12/16, 2/6/17, 4/3/17, 6:30pm

### Prayer Service

### for End of Year of Mercy

Sun, 11/20/16, 7:00pm

### Communal Reconciliation Services

Sun, 12/11/16, 4:00pm

Mon, 3/20/17, 7:00pm

### Living Nativity

Sun, 12/18/16, 5:00pm

### Twelfth Night Choral Festival

Sun, 1/8/17, 6:00pm

### The Mass in "Slow Motion"

Mon, 4/3/17, 7:00pm

### Living Stations of the Cross

Fri, 4/14/17, 7:00pm

## An Evening with David Haas

Highly regarded as one of the preeminent liturgical music composers in the English-speaking world, David Haas has produced more than 50 collections of original music, much of it sung and prayed throughout the world.

## Pope Benedict and Pope Francis:

## Nothing Has Changed / Everything Has Changed

In this presentation, Fr. Mike will address the complexity of social and cultural conditions affecting the nature of an individual or community of the universal church in the last few years touched by the leadership of Pope Benedict and now Pope Francis.

## Psalms, Hymns, and Spiritual Songs

Mostly true origin stories about our favorite church songs.

## Women's Prayer Breakfast

*Feminism in the Modern World: True Fidelity*

Presented by Timmerie Millington [timmerie.com/about](http://timmerie.com/about)

## Annual Men's Retreat

*A Retreat for the Everyday Guy: Getting through the Day*

Featuring speaker Cy Kellett and others.

## Women's Guild/Spirited Seniors

## Day of Recollection

Reflect on a spiritual presentation, attend Mass, and share lunch

## XLT Evenings of Prayer and Worship

Usually includes dinner, prayer, music, speaker, and adoration.

## Prayer Service for End of Year of Mercy

Celebrate the end of the Pope's Year of Mercy in prayer and song.

## Communal Reconciliation Services

Join us for prayer, reflection, and individual confession

## Living Nativity

Experience the Nativity story presented by our young people.

## Twelfth Night Choral Festival

A celebration of Christmas in story and song.

## The Mass in "Slow Motion"

Fr. Mike will celebrate a Mass in which each piece of the Mass will be explained as the assembly moves through the Mass. Each explanation will include historical and ritual content.

## Living Stations of the Cross

Pray the stations with our young people as they present a tableau of each station.

**SEPTEMBER 2016**

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

**DECEMBER 2016**

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**MARCH 2017**

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**OCTOBER 2016**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**JANUARY 2017**

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**APRIL 2017**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**NOVEMBER 2016**

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

**FEBRUARY 2017**

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

**MAY 2017**

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Holy Days/Feast Days

Liturgical Events

Bible Studies (Wednesdays or Thursdays)

Presentations

Workshops

Retreats

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# Relationship Skills Workshop

September 13  
Building a Climate of Respect

September 20  
Responsibility & the Blame Game

September 27  
Understanding Expectations

October 4 — No session

October 11  
Re-Defining the Power Struggle

October 18  
Control Issues

October 25  
Listening Beyond the Words

November 1 — No session

November 8  
Personality Differences

November 15  
Childhood Issues & Emotional Baggage

November 22  
Handling Anger Constructively

November 29  
Speaking the Truth in Love

December 6 — No session

December 13  
How to Fight Fair: Conflict Resolution

December 20  
Feelings & the Hurt Spiral

December 27 & January 3 — No session

January 10  
Forgiveness & Repair

January 17  
Rebuilding Trust



**Tuesday evenings, 7:00 — 8:30 pm**

**St. Thomas More Catholic Church**

**Lower Level**

**1450 S. Melrose Dr., Oceanside, CA 92056**

*Drop in for one, several, or all sessions*

*No pre-registration or fee*

*No child-care provided*

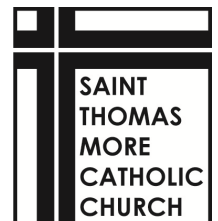
Presented by: Deacon John & Debbie Fredette

For more information, contact:

760-758-4100 x104 or x110

[johnf@stmoside.org](mailto:johnf@stmoside.org) or

[debbief@stmoside.org](mailto:debbief@stmoside.org)



# MATTHEW

*The King and His Kingdom*



## Study Registration Form



**St. Thomas More Catholic Church**

1450 South Melrose Drive Oceanside, CA 92056

**Thursday Evenings**

**7:00-9:00pm**

**September 8, 2016 through March 23, 2017**

Pre-registration by **August 1** is required to receive class materials in time for first session.

Registration fee of \$35 includes workbook and all 24 sessions for participants

Please contact the Faith Formation Office at [debbief@stmoside.org](mailto:debbief@stmoside.org) for additional information.

**PLEASE RETURN BOTTOM PORTION WITH YOUR PAYMENT**

Name: \_\_\_\_\_ Amount Paid: \$ \_\_\_\_\_

Name Preferred on Name Tag: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

**I Would Love to Help with:**

- Hospitality
- Small Group Leader
- Clean Up
- A Donation to Help Someone Attend: \$ \_\_\_\_\_

For Office Use Only

Cash Y/N \$ \_\_\_\_\_

Check Y/N \$ \_\_\_\_\_

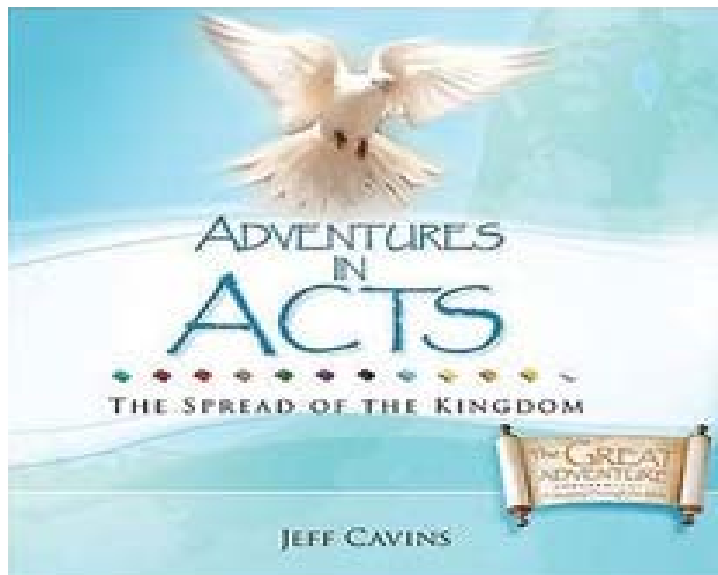
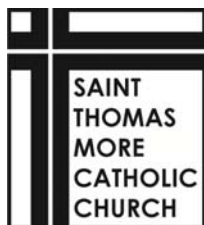
Credit Card Y/N \$ \_\_\_\_\_

Card # \_\_\_\_\_

Expiration Date \_\_\_\_\_

Signature Authorization  
\_\_\_\_\_





**St. Thomas More Catholic Church**

1450 South Melrose Drive Oceanside, CA 92056

**Wednesday Mornings**

**9:00-11:00am**

**September 7, 2016 through February 22, 2017**

Pre-registration is required by **August 1** to receive class materials in time for first session.

Cost is \$35 for workbook and 20 sessions

Please Contact the Faith Formation Office at *debbief@stmoside.org* for additional information.

**PLEASE RETURN BOTTOM PORTION WITH YOUR PAYMENT**

Name: \_\_\_\_\_ Amount Paid: \$ \_\_\_\_\_

Name Preferred on Name Tag: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

**I Would Love to Help with:**

- Hospitality
- Small Group Leader
- Clean Up
- A Donation to Help Someone Attend: \$ \_\_\_\_\_

For Office Use Only		
Cash	Y/N	\$ _____
Check	Y/N	\$ _____
Credit Card	Y/N	\$ _____
Card #	_____	
Expiration Date	_____	
Signature Authorization	_____	

