Church of St. Thomas More

A Roman Catholic Parish in the Diocese of San Diego

1450 South Melrose Drive
Oceanside, CA 92056
760.758.4100 Phone • 760.758.4165 Fax
www.stmoside.org • parishoffice@stmoside.org



Spirituality † Tradition † Community

Rev. Michael Ratajczak, Pastor Deacon Thomas A. Goeltz Rev. Thomas W. Thompson, Pastoral Associate (858-945-2251) Hospital Chaplain at Scripps La Jolla, Scripps Green, & UCSD Thornton

Office Hours: Monday-Friday 8:30am-12:00 noon and 12:30-4:00pm

Mass Schedule
Saturday at 5:00pm
Sunday at 8:30am and 10:30am
Tuesday-Friday at 8:15am
First Monday of the Month at 7:00pm

Eucharistic Adoration Monday-Friday, 6:30am-7:30pm

> Reconciliation (Confession) Saturday, 4:00-4:30pm

July 20, 2008 • Sixteenth Sunday in Ordinary Time

Pastor's Column

Rev. Michael Ratajczak michaelr@stmoside.org 758-4100 x100

Avoiding the Danger of Self-Justification

These thoughts are taken from C.S. Lewis' *God on the Dock*:

"When we see how all our plans shipwreck on the characters of people we have to deal with, we are, 'in one way,' seeing what it must be like for God. But only in one way. There are two respects in which God's view must be very different from ours. In the first place, He sees (like you) how all the people in your home or in your job are in various degrees awkward or difficult, but when He looks into that home or factory or office He sees one more person of the same kind—the one you never do see. I mean, of course, yourself. That is the next great step in wisdom—to realize that you are just that sort of person. You also have a fatal flaw in your character. All the hopes and plans of others have again and again shipwrecked on theirs.

It is important to realize that there is some really fatal flaw in you; something which gives the others just that same feeling of despair which their flaws give you. And it is always certainly something you don't know about—like what the advertisements call 'halitosis' which everyone notices except the person who has it."

In these days, may we be growing in wisdom. May we see in ourselves what we so easily see in others.

I pray that in these days of summer you are finding some time of recreation and re-creation.



Vacation Bible School

July 21-25 See page 7 for details!

What's Inside

Calendar Highlights	2
Mission Statement	
Readings for the Week	3
Prayer Lists and Mass Intentions	
Parish Contacts	
Bulletin Inserts: Moral Budget; St. Vincent de Paul Villages	

Our Mission is to: worship God,

Mass Schedule: Saturday at 5:00pm; Sunday at 8:30am and 10:30am; Tuesday-Friday at 8:15am; first Monday of the month at 7:00pm; watch bulletin for holydays

Rite of Reconciliation (Confession): Saturday from 4:00-4:30pm (or by appointment)

Eucharistic Adoration: Monday-Friday from 6:30am-7:30pm Liturgical Ministry: Contact Douglas Lynn at 758-4100 x140 Choirs and Music Ministry: Contact Douglas Lynn at 758-4100 x140 Communion for the Homebound/Hospitalized: Contact Parish Office

Anointing of the Sick: Contact Parish Office

Matrimony: Contact Parish Office a minimum of 9 months in advance For further information, call Rev. Michael Ratajczak at 758-4100 x100

teach and live the Gospel of Jesus Christ,

Inquiry into the Catholic Faith: First and third Thursday evenings Religious Education for Youth & Children: Two times a month, September-May, on Sundays

Religious Education for Adults: Various times, September-May Liturgy of the Word for Children: 8:30 and 10:30am Masses Little Rock Scripture Study: Weekly sessions, morning or evening High School Youth Ministry: Monday evenings

Middle School Youth Ministry: Two Monday evenings per month **Preparation for the Sacraments:**

Baptism (for infants): Begins with an appointment with the Pastor Baptism (7-14 yrs.)/RCIA: One to two year process with children and

Baptism (adults)/RCIA: One to two year process; weekly sessions First Reconciliation: In home process begins in Level 1

First Communion: In home process begins after first reconciliation Confirmation: Minimum two year process of preparation; begins in high school

For further information, call Kathleen Bell at 758-4100 x110

and serve God's people in word and deed.

There are many groups who serve the parishioners and provide outreach to the local community. For further information, call Chris Smith at 758-4100 x120

STM \$crip News

Scrip is sold on the Plaza after weekend Masses and in the Parish Office on Tuesdays and Thursdays from 9:00-10:00am.

> For information, call Henny Jocelyn at 726-1177 or visit http://www.stmoside.org/scrip.htm

I Want to Earn STM Building Fund \$\$\$ with My
Albertson's Card #(11 digits)
Ralph's Card #(13 digits)
☐ Please send me a Food 4 Less Card
Name
Address
Phone
Please place completed form in the collection basket or return it to the \$CRIP table after weekend Masses or the Parish Office during the week. Thank you!

What's Inside

A BIT ABOUT BREAD

Liturgy & Music

Page 6

Adult Faith Formation

Faith Formation

Page 7

Excess Baggage, and How to Unload It

Christian Stewardship

Page 8

Calendar Highlights

Also check the Parish website for complete calendar information for the current month: www.stmoside.org, then select "Schedules and Calendars"

The Week Ahead

Liturgy of the Word for Children at 8:30am and July 20

10:30am Masses

July 21-25 Power Lab Vacation Bible School

The Month Ahead

Aug 3 Liturgy of the Word for Children at 8:30am and

10:30am Masses

Aug 4 Monday Night Mass

Assumption of the Blessed Virgin Mary Aug 15

Masses at 8:15am and 7:00pm

Knights of Columbus Breakfast Aug 17

P.U.S.H. Middle School Youth Car Wash

The Year Ahead

Sept 7 RE.A.CH classes begin

Nov 8-27 Christian Stewardship Awareness/Renewal Music Ministry presents "With Thankful Hearts" Nov 23

Towers of Faith Dinner Nov 9

May 1 STM Tenth Annual Golf Classic

> Ouestions? Contact Henny at 758-4100 x100 or hennyj@stmoside.org.

Eucharistic Adoration

Monday-Friday • 6:30am-7:30pm • Blessed Sacrament Chapel

Exposition of the Eucharist on First Fridays and one other day of each month. Next date: Tuesday, July 22.

> For more information, contact John O'Donnell at 598-6003.



Looking for Information on the Catholic Faith?

Are you interested in learning more about Catholicism, becoming a Catholic or returning to the Catholic Church after being away? You're invited to Inquiry Sessions, which meet on the first and third Thursdays of each month at 7:00pm at the Parish Center.

For information, call Bob Taylor at 630-4589.

Readings for the Week Ahead

Sunday Year A: Weekday Year II Readings online at www.usccb.org.

Sunday, July 20 (106) Sixteenth Sunday in Ordinary Time Wisdom 12:13,16-19

Psalm 86

Romans 8:26-27 Matthew 13:24-43 Monday, July 21 (395)

Lawrence of Brindisi, priest, doctor

Micah 6:1-4.6-8 Psalm 50:5-6,8-9,16bc-17,21,23

Matthew 12:38-42

Tuesday, July 22 (396) Mary Magdalene

Micah 7:14-15,18-20 Psalm 85:2-8

Matthew 12:46-50 Wednesday, July 23 (397)

Bridget of Sweden, religious Jerimiah 1:1,4-10

Psalm 71:1-4a,5-6b,15,17

Matthew 13:1-9 **Thursday, July 24** (398)

Sharbel Makhluf, priest Jeremiah 2:1-3,7-8,12-13

Psalm 36:6-7b,8-11 Matthew 13:10-17

Friday, July 25 (605)

James, Apostle 2 Corinthians 4:7-15

Psalm 126:1b,2-6

Matthew 20:20-28

Saturday, July 26 (400) Joachim & Anne, parents of the

Blessed Virgin Mary Jeremiah 7:1-11

Psalm 84:3-6a,8a,11 Matthew 13:24-30

Sunday, July 27 (109) Seventeenth Sunday in Ordinary Time

1 Kings 3:5,7-12 Psalm 119

Romans 8:28-30

Matthew 13:44-52

Mass Intentions

Saturday, July 19, 5:00pm Mervin & Tom Bensmiller ♥

Sunday, July 20, 8:30am Ed Darcy T

Sunday, July 20, 10:30am Joe Garcia

Tuesday, July 22, 8:15am Gwen Till 🕆

Wednesday, July 23, 8:15am Jack Quirk T

Thursday, July 24, 8:15am Bob Gardiner 17

Friday, July 25, 8:15am Sierra Brimmer

Saturday, July 26, 5:00pm Alfred Holscher &

Sunday, July 27, 8:30am Lorraine Kaufman &

Sunday, July 27, 10:30am Wyatt Clavadetscher

Prayer List

Call 758-4100 x102 to add a name for four weeks.

Jay Ahmann Michael Ainis Marie Alexander Patricia Barbour The Bayliss & Rizzo Families Carl Bechtold Edward Bednarz Cindra Bell Tom Belprez Janet Brown James Coleman Barbara Colton

Thomas Cornwell & family

Deborah Darsey

The Dean & Whitmore Families

Harold Deibert Mary Deibert Linda Dossman

The Dungca Family James Echter

Jo Everhart Mary Fallon Chuck Fay

The Fiore Family

Larry Fisk Rick Gonzalez Katherine Grant

Bill Greeley Jack Grell

Claudette Gunderson

Anita Hage Rosalie Hainsworth

The Harker Family Greg Hayes

Bud Hazlett Cynthia Horner

Bernie & Ginny Jaeger

Sue Johnston Joan Jones

Colleen Kaup

Paul Kennedy Debbie Kinny

George Kleekamp

Bob Kowallek Sr. Anne Kremenik

Lillian Lachance The Lamelin Family

Brandon LeBlanc

The Linden Family

Loree Luther Jackie Lynn

James MacArthur Ken Mauro

Patrick McCarthy

Bob McWilliams The Mohrman family

Nancy Moore Margie Myers

R. Northrup

Helen Pingtella Dominic Pizza Joann Pizza Anne Post Maria Elena Quiroz Hal Radcliffe

Sr. Loyola Romey Dorothy Rouse Lynne Rumpf

The Russo Family Bruce Scott

Rita Shepard Marilyn Sinkez Ed Sox

Gilda Spiegl

Dorothy and Ray Staehr The Torres & Rubiales Families

Eleanor Tucker Lisa & Kyle Valpoon Dominic Vienna, Sr. Vanessa Vitiello-Koble

Kevin Watson-Graff

Deployed Military

As a faith community let us pray for all who serve our country in these troubled times. We pray especially for those connected to our Parish who have been deployed:

1st Lt. Jeffrey Bauer Christian Caplinger, US Army Brandy Amber Collins, HMI, USN

Lt. Mark Correa, US Navy Pfc. Nicholas B. Dawson, US Army

Lance Corporal Brandon Doyle,

MSGT Steve Gallegos, USMC Sgt. Stephen Gerke,

101st Airborne Cpl. Michael Guty, USMC

Col. Kathleen Henderson Med. Staff Sgt. Jana Alexander Madrid, USAF

Ronald Meyers, US Navy Search & Rescue

Spec. Jared Ratzlaff, US Army SPC Robert Sullivan, US Army Capt. Richard H. Witt III,

USMC

Capt. Thomas Zeeff, USAF

All-powerful God, be their constant companion and strength in every adversity. May they experience your faithful presence, gentle love and compassionate healing.

Can't Get to Mass?

Our Parish has ministers who can bring Holy Communion to anyone who is unable to attend Mass-the homebound, those in the hospital, those in convalescent homes.

Please call the Parish Office at 758-4100 for more information.

Pennies from Heaven Collection for **Birth Choice**

This weekend! Birth Choice is the local pregnancy resource center that we at St Thomas More support. They operate solely on donations and are very involved in promoting a Culture of Life. For more information, please contact Jane Kelleher at 724-9658.



Golf Classic Results



The Golf Classic raised \$51,000 for the Parish!

If you missed the article in last weekend's bulletin, please check the Weekly Bulletin (July 13) or Event Pictures areas on the Parish website:

www.stmoside.org

St. Thomas More **Vehicle Donation Program**



Do you have a vehicle you want to donate?

Call the Parish Office at 758-4100 x100

St. Thomas More Young Adult Summer Bible Study

Acts of the Apostles

Wednesday Evenings
Beginning immediately through July 23
6:00pm Music
7:00pm Bible Study

at the Mueller House, 1729 Tacoma Lane, Vista (house phone: 726-5644)

For more information, contact Bobby at 712-5637, Sam at 224-0663, or yrmomgoes2college@sbcglobal.net



PUSH info at http://stmoside.org/ym Questions please call or email: 758-4100 x153 or ronb@stmoside.org Peace, Ron & Louise

High School Youth Ministry Welcome All Incoming Ninth to Twelfth Graders!

Almost Twilight Bowling Night

with Fr. Bob McKeon Monday, July 21, 9:00-11:00pm Vista Entertainment Center—Bring \$\$

Going to Steubenville?

Remember, it's the church parking lot at 1:00pm on July 25

Lost your information sheet?

Call Gale or go to wave stroopide organd

Call Gale or go to www.stmoside.org and click on Ministries/Pastoral Staff, then High School Youth

Call Gale at 726-7236 for more information

Welcome to Newly Registered Parishioners

Reuben & Evi Quinn

Flower Donations

We would like to gratefully acknowledge the contributions of: Shirley Darcy

whose generosity helped to defray the cost of flowers this weekend in our liturgical environment.

In Memoriam:



Please pray for the repose of the souls of:

Ed Mohrman, who died on July 8. His Funeral Mass will be celebrated in St. Louis, Missouri. Please keep his family in your prayers.

May his soul and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Publicize Your Parish Event!

Would you like to publicize a Parish event to the general public? Submit a Press Release Form at least three weeks in advance of your event to have it advertised in local news publications. Press Release Forms are available:

- on the Parish website (www.stmoside.org, Contact Us),
- the Parish office, or
- from Anne Marshall at 727-2668 or annemarshall@sbcglobal.net.

Explore China with Fr. Mike Ratajczak!



Travel with Fr. Mike and explore with him the ancient and modern wonders of China. 16 Days/15 Nights • October 20-November 4, 2008

Beijing...Shanghai...Xi'an...Guillin... Guangzhou...Hong Kong...

Opportunities for daily prayer and Mass

\$3,795/person—double occupancy, includes all airfare, first-class hotels, land travel, and most meals; \$725 single supplement

For more information and a detailed brochure, please contact Fr. Mike at 619-368-9939 or *michaelratajczak@hotmail.com*.

Brochures are also available in the Parish Office or at the information table on the Plaza after all weekend Masses.

Congratulations to La Posada Raffle Winners!

Once again this year, two of the three prizes winners of the Independence Day raffle to benefit *La Posada de Guadalupe Homeless Men's Shelter* were our Parishioners! Congratulations to Pina Shaw who won the third prize: \$250, and to Pat and Dr. Phil Goscienski who won the second prize: three nights and four days at the Beach Terrace Inn in Carlsbad. The first prize of \$500 was won by a parishioner at St. Elizabeth Seton. The raffle brought in a total of \$7,140. Our Parishioners contributed over \$850 to that total. Congratulations to our winners, and thank you to all who participated!

More's Workers Needs Your Help in Escondido

Saturday, July 26

More's Workers is a splinter group (pun intended) of the workers

who traveled to New Orleans to help our sister Parish, St. Peter Claver. More's Workers is a ministry to help those less fortunate than ourselves by doing minor home repairs in the local area. Over the past year we have been helping people through Interfaith Community Services (ICS) in Escondido.

This month ICS is renovating five apartments that will be used by needy people. On July 26 (ICS needs volunteers to come in to paint these two-bedroom units. More's Workers want to do

our share but we need your help for one day of paint fun (if it doesn't move, it gets painted). We have several volunteers but not enough to take on five apartments. Won't you join us for a day? Please call Dick Belprez at 295-1431 to learn more about ICS and this worthy project.



July 20, 2008

The Diocesan Annual Catholic Appeal raises funds for specific Diocesan programs that benefit the Parishes and may only be used for those purposes. Our Parish assessment for this year is \$34,000. All money raised over this assessment is returned to us for our Parish use. It will be directed toward our Operational Budget. Thank you to those who have responded to date (including our tithing families)! For those who would still like to participate, materials are available at the Parish Office during the week.

Household returns: 315 Total pledged: \$44,162.32 Average gift: \$140.04

Can You Help with Mass Preparation?

Do you have two hours per week two months out of the year? Duties include checking the altar servers' and priests' albs (robes) and altar cloths to make sure they are clean for the weekend Masses and cleaning and polishing of liturgical vessels. Volunteers will be trained.

For more information, call Betty Dorsa at 439-1747.



Congregations for Civic Action News: Affordable Housing Grand Opening in Oceanside

On Tuesday, July 15, six members of our Parish, representing our Parish and *Congregations for Civic Action* attended the grand opening of *La Mision Village Apartments*, an affordable housing project in Oceanside. It was an inspiring and uplifting occasion to see what can happen when generous persons, multiple agencies, and the city come together to do what is right. On this occasion, it is to provide adequate and affordable housing for the workers we need to maintain our city's infrastructure. The Village is beautiful, safe, and affordable with one-, two-, and three-bedroom units, including a 2,000 square foot Day Care Center on the property and access to medical services.

As Mayor Jim Woods stated in his speech, this affordable housing project came about for many reasons but a significant reason is that the Churches in Oceanside have consistently advocated for affordable housing. This has been a special concern to the Churches who are members of *Congregations for Civic Action*.

The Village has 80 units and is filled to capacity, with 100 families on the waiting list. We must continue to advocate for affordable housing for our sisters and brothers who deserve safe and respectable housing as they go about the work needed for their personal welfare and for the needs of our city.

The members of our Parish who attended this function were: Pat and Bob Wong, Craig and Mary Castle, Alba Garcia, and Sr. Maureen Brown.



Liturgy & Music



Douglas Lynn
Director of Music/Coordinator of Liturgical Ministries
douglasl@stmoside.org; 758-4100 x140



A BIT ABOUT BREAD

The kingdom of heaven is like yeast that a woman took and mixed with three measures of wheat flour until the whole batch was leavened.—Mt 13:33

Bread is a staple food prepared by baking a dough of flour and water. It may be leavened or unleavened. Salt, fat, and a leavening agent such as yeast are common ingredients, though breads may contain a range of other ingredients.

Bread is one of the oldest prepared foods, dating back to the Neolithic era. The development of leavened bread can probably also be traced to prehistoric times. Fresh bread is prized for its taste, aroma and texture. The inner, soft part of bread is known to bakers and other culinary professionals as the *crumb*, which is not to be confused with small bits of bread that often fall off, called *crumbs*. The outer hard portion of bread is the *crust*.

The first breads produced were probably cooked versions of a grain-paste, made from ground cereal grains and water, and may have been developed by accidental cooking or deliberate experimentation with water and grain flour. Descendants of these early breads are still commonly made from various grains worldwide, including the Iranian (Persian) lavashs, tabuns, sangaks, Mexican tortilla, Indian chapatis, rotis, and naans, Scottish oatcake, North American jonnycake, Middle Eastern pita, and Ethiopian *injera*. The basic flat breads of this type also formed a staple in the diet of many early civilizations with the Sumerians eating a type of barley flat cake and the 12th-century BC Egyptians being able to purchase a flat bread called ta from stalls in the village streets.

The development of leavened bread can probably also be traced to prehistoric times. There were multiple sources of leavening available for early bread. Airborne yeasts could be harnessed by leaving uncooked dough exposed to air for some time before cooking. Pliny the Elder reported that the Gauls and Iberians used the foam skimmed from beer to produce "a lighter kind of bread than other peoples." Parts of the ancient world that drank wine instead of beer used a paste composed of grape juice and flour that was allowed to begin fermenting, or wheat bran steeped in wine, as a source for yeast. The most common source of leavening however was to retain a piece of dough from the previous day to utilize as a form of sourdough starter.

—-from Wikipedia



Exposition of the Blessed Sacrament

TUESDAY, JULY 22 ♦ 8:45am - 7:30pm Family Hour: 6:30 - 7:30pm

St. Mary Magdalene

Except for the mother of Jesus, few women are more honored in the Bible than Mary Magdalene. Yet she could well be the patron of the slandered, since there has been a persistent legend in the Church that she is the unnamed sinful woman who anointed the feet of Jesus in Luke 7:36-50.

Most Scripture scholars today point out that there is no scriptural basis for confusing the two women. Mary Magdalene, that is, "of Magdala," was the one from whom Christ cast out "seven demons" (Luke 8:2)—an indication, at the worst, of extreme demonic possession or, possibly, severe illness.

Father W.J. Harrington, OP, writing in the New Catholic Commentary, says that "seven demons" "does not mean that Mary had lived an immoral life—a conclusion reached only by means of a mistaken identification with the anonymous woman of Luke 7:36." Father Edward Mally, SJ, writing in the Jerome Biblical Commentary, agrees that she "is not...the same as the sinner of Luke 7:37, despite the later Western romantic tradition about her."

Mary Magdalene was one of the many "who were assisting them [Jesus and the Twelve] out of their means." She was one of those who stood by the cross of Jesus with his mother. And, of all the "official" witnesses that might have been chosen for the first awareness of the Resurrection, she was the one to whom that privilege was given.

Comment

Mary Magdalene has been a victim of mistaken identity for almost 20 centuries. Yet she would no doubt insist that it makes no difference. We are all sinners in need of the saving power of God, whether our sins have been lurid or not. More importantly, we are all, with her, "unofficial" witnesses of the Resurrection.

-from AmericanCatholic.org

Intention for the Day

That we may be faithful witnesses to the Resurrection.

Check out the new Liturgy and Music web pages on our Parish website:

Go to

www.stmoside.org

Select

Ministries/...

Select

Liturgical Ministries or Music Ministries

Faith Formation



Kathleen Bell
Director of Faith Formation
kathleenb@stmoside.org; 758-4100 x110

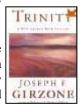
Fr. Mike (and friends): BOOKIES!

We have concluded this year's opportunities to read a book and come together for discussion. From all indications it was a fruitful source for adults to continue forming faith.

We will be reading five books in the year ahead, beginning September 3. Fr. Mike will share the facilitating spotlight with four other staff members.

The first book is available now. It is called *Trinity: A New Living Spirituality* by Joseph F. Girzone.

Copies are available on the lower level, outside the Faith Formation Office for \$10. We hope you can start reading soon. . .only 128 pages . . . an easy read, but one of those books you may want to read a second time!



Adult Faith Formation



A hearty thank you to Bret Schanzenbach for his leadership in the Adult Faith Formation Program for our Parish in 2007-2008. Your stewardship of time and talent provided many opportunities as we continued to ask: "What's Faith Got To Do With It?"

We welcome Wayne Zych as chair for the upcoming year. The brochure of 2008-2009 activities will be in your mailbox in August. We are looking for members for the Adult Faith Formation Committee. For further information, please contact Wayne at 598-9244 or Kathleen Bell.



Religious Education (RE.A.CH) for 2008-2009

Continuing families:

Thank you for returning your registration packet as soon as possible.

※ New families:

Enrollment packets are available for registered Parishioners with children ages 3 through 17.

Summer Bible Camp at St. Thomas More



Dates:

July 21 to July 25, 2008 8:45am until 12:00noon

You're welcome to drop in...

... and discover Jesus' miraculous power at work! You're welcome any day at any time, but you'll really enjoy *Faith Fusion Finale* at 11:30 each day. There will be 240 of us who would very much appreciate your prayers during the week.

We welcome children from St. Thomas More, St. Francis, St. Elizabeth, St. Mary's Oceanside, Mission San Luis Rey, St. Mary's Escondido, St. Anne, North Coast Church, New Venture, St. Margaret, St. Irenaeus, San Marcos Lutheran Church, St. Martha, St. Patrick, United Methodist Church of Vista, out of state children, and neighborhood friends!

Your generosity in helping this to happen is deeply appreciated.

Gratefully, on behalf of our children,

Kathleen

PBJ Update

(Food for children at the Emergency Crisis Center)

2008 GOAL: 365 jars Collected to date: **386 jars**



Children's Notes to God:

"Dear God:

Maybe Cain and Abel would not have killed each other so much if they had their own rooms. That's what my Mom did for me and my brother."

Stewardship & Development



Chris Smith Director of Stewardship & Development chriss@stmoside.org; 758-4100 x120

CHRISTIAN STEWARDSHIP EXCESS BAGGAGE and How to Unload It!

Generally speaking, it is fair to say many of us have too much "stuff" and would do well to *really* clean house every few months, or at a minimum of once a year.

I have a tendency to hang onto things with the belief that I might need one of these items again one day. Soon the house is so full of "stuff" it feels like the walls are shrinking. Many items were impulse buys that I didn't need in the first place.

Questions like these may be helpful to anyone who is serious about finding out what to hold onto and what to let go:

- † What possessions do I have that cause more trouble than they are worth?
- † Do I weigh myself down by longing for more than I need or can afford?
- † Do I waste valuable time and energy on things that don't really matter?
- † Does the desire for "bigger, better, more" crowd out the values of intimacy, communication and the giving of affection?
- † Do I feel good about my work, the people in my life, myself?
- † If I had only three months to live, what would I let go of and what would I hold onto?

How we go through life depends a lot on what each of us decides is essential in the things we own, the attachments we form, and the ideas that shape our lives.

In the last century, a tourist from America paid a visit to a renowned Polish rabbi, Hofetz Chaim. He was astonished to see that the rabbi's home was only a simple room filled with books, plus a table and a bench.

"Rabbi," asked the tourist, "where is your furniture?"

"Where is yours?" replied Hofetz Chaim.

"Mine?" asked the puzzled American. "But I'm only a visitor here. I'm only passing through."

"So am I," said the rabbi.

Experienced travelers learn how much baggage is just enough. They take what they need and leave behind the non-essentials that would only be a burden. To move freely, they travel light. Visitor, traveler, pilgrim—whatever word we use—each one of us is only "passing through."

More and more people say they'd like to make changes in the way they live. We may be at a point "where accumulating more physical possessions and steadily increasing consumption would no longer be as central to people's concerns...which would make a striking turn-about in the country's thinking."

Food for thought, especially in light of the current economy is, "How do I want to travel?" God knows what we pack...

—portions excerpted from Stewardship, July 2008

Future Support and Estate Planning Options

Towers of Faith is a grass-roots movement that has arisen due to the visionary leadership and overt generosity of several of our Parishioners.



These individuals (several anonymous) have included the St. Thomas More in their estate planning. This helps to ensure their ongoing support and a legacy for our Parish.

TOWERS OF FAITH

Towers of Faith is our future support. Future support refers to gifts which are the result of a Parishioner's various means of estate planning vehicles such as:

Designated Beneficiary Accounts, Last Will and Testament, Living Trust, Life Insurance, Stocks and Bonds, Real Estate

Any Parishioners who have already included STM in their estate plans are *Towers of Faith* participants. The return envelope included with the brochure (available at the information table on the Plaza) has a check box to mark if you have already included STM in your estate planning. This way we know who you are. We would like to acknowledge your generosity!

If you are interested in becoming a member, please contact us. Your participation is most welcome and appreciated!

Chris Smith at 758-4100 x120 or chriss@stmoside.org.

Do two people in your family know the location of your will and/or living trust?

It is very helpful to us if you let us know if you have already included STM in your estate planning.

Thank you to all those who have come forward!

Collection for Week of: July 12/13, 2008

Total	\$ 8,251.16
Plate	 941.00
Children's Envelopes	0.00
Envelopes	\$ 7,310.16
Number of Registered Households:	963

Thank you for keeping your Building Fund pledge current and for supporting your Parish, even when you are away.

There are many ways to help support your Parish.

We offer a variety of options for easier giving. In addition to the extra "mail-back" envelopes included in your packet, we offer automatic:

- ◆ Credit Card Withdrawal (Visa or MC)
- Automatic Checking Account Deduction
- ♦ Automatic Savings Account Deduction

To participate in these time-saving alternatives, please contact the Parish Office at: 758-4100 x100 or parishoffice@stmoside.org

What do I own, and what owns me?

News from the Larger Church

Summer 2008 Series of Theology on Tap for Young Adults in El Cajon—Come join other single and married Catholic young adults (18-39 years) for food, fellowship, and dynamic speakers on Tuesday, July 22, from 7:00-9:00pm at Marechiaro's Italian Restaurant, 14120 Old Highway 80, El Cajon. For more information, go to www.yamsd.org or contact Carrie at 858-490-8260.

Summer Sing-a-long Concert Series in San Diego—The Pacific Academy of Ecclesiastical Music's (PACEM) next Summer Sing is on Wednesday, July 23, 7:30pm, at St. Paul's Cathedral, 2728 Sixth Avenue (at Nutmeg), San Diego. You may bring or rent a score and sing along, or sit quietly and enjoy the sound. For more information, contact 619-298-6759 or pacem@pacem-music.org.

Healing Services and Healing Mass—every Tuesday night during the months of July and August at St. James Church in Solana Beach. Teaching by Pauline Wright at 7:00pm followed by Healing Prayer at 7:30pm. On July 30 at 7:00pm, Fr. Leonardo Arboleda, CJM, will celebrate a Healing Mass. For more information, please call Cory at 858-755-8890 or Lily at 858-481-6911.

Paul's Letter to the Romans Study Series at Mission San Luis Rey in Oceanside—Thursdays at 9:30am or 7:00pm, July 24-August 14. Fr. Tom Herbst, OFM, will present lively lectures and lead group discussions on understanding the Letter to the Romans. For more information, contact 757-3659 or *www.sanluisrey.org*.

Eco-Justice Retreat at Mission San Luis Rey in Oceanside *Mother Earth: Incarnation!* an Eco-Justice Retreat, will be held August 1-3 at Mission San Luis Rey. Franklin Fong, OFM, Louie Vitale OFM, and Tom English, Ph.D. will conduct sessions to inspire a responsibility to co-create a safe and healthy place for future generations! For more information, or to register, please contact 757-3659 or *www.sanluisrey.org* and click on retreats.

18th Annual National Catholic Family Conference in Anaheim—August 2-3, sponsored by the Catholic Resource Center, featuring family-friendly events and speakers, including Bishop Salvatore J. Cordileone, Fr. Joseph Fessio of Ignatius Press, authors Dr. Scott Hahn and Kimberly Hahn, and more. For more information, contact 877-526-2151 or www.catholicresourcecenter.org

Senior Vacation Retreat at Mission San Luis Rey in Oceanside—Seniors who want to let their spirits soar are invited to join us at the Mission San Luis Rey Retreat Center in Oceanside, August 4-8, for a Senior Vacation Retreat to have fun and delve into a bit of spiritual discovery in this easy-paced retreat. We provide overnight accommodations, meals, daily sessions, prayer times and free-time. Daily Mass, swimming and walking are available. Included is a traditional Wednesday evening walk on the pier and ice cream! For more information, or to register, please contact 757-3659 or www.sanluisrey.org.

25th Anniversary of Rosaries for Peace in Del Mar—The 25th Anniversary Celebration will be held on Sunday, August 10, at Cathedral Catholic High School, beginning with the Holy Sacrifice of the Mass celebrated by Bishop Robert H. Brom at 6:00pm, followed by the crowning of our Blessed Mother as Queen of Peace, and concluding with the Candlelight Rosary Procession, similar to those at Fatima and Lourdes, which has

been described as "awesome." The Knights of Columbus Color Corps and the Peace and Harmony Choir will help ensure an inspiring and memorable evening! Bring family and friends and join with us and thousands of parishioners from around the county to pray for peace! Buses will be available for those who prefer not to drive. Admission and parking are free. For information or bus reservations, please call Ginny McDonald at 726-8760 or check our website at www.rosaries4peace.org.

Widowed, Divorced and Separated Retreat in Oceanside—persons ready to move beyond their grief are invited to a Beginning Experience Weekend. A trained team leads participants through a healing and growth program. The next weekend is scheduled for August 22-24 at Prince of Peace Abbey in Oceanside. If you are ready to put your feelings of grief behind you, desire a new beginning, and are ready to work to make that desire a reality, this weekend may be for you. Another weekend will be held November 7-9. For more information, call 858-538-4208.

Heritage Ball at Mission San Luis Rey in Oceanside—Fun-raise at the 25th Annual Heritage Ball held on Saturday, August 23. All proceeds of the celebration benefit the restoration of the Mission. Enjoy cocktails and an extensive array of hors d'oeuvres and music by mariachis. Dance to the music of the Society Beat Orchestra, enjoy a gourmet dinner, sumptuous dessert, and have fun bidding on Silent Auction items. To learn about sponsorship and volunteer opportunities or to make reservations, please call 757-3651.

Mexican Riviera Cruise Retreat—Join Rev. Msgr. Mark Campbell, Pastor of Immaculate Conception Church in Old Town, on a nine-day spiritual voyage, November 28-December 6. Mass and spiritual workshops daily. Proceeds to aid the Diocese of San Diego "Embracing Our Mission" Fund. For more information, contact 800-227-5858 or *www.ic-sandiego.org*.

Catholic Cruise to the Western Caribbean—Come and sail away on an eight-night Catholic Western Caribbean Cruise with Fr. Smith, March 21-29, 2009, on the *Carnival Miracle* out of Ft. Lauderdale, FL. Ports of call include Colon, Panama; Limon, Costa Rica; and Belize, Central America. For more information or to register, contact (weekends) Doug or Eileen at 860-399-7776 or *dpayttc@aol.com*.



Hospice Volunteers Needed in Your Area—Kaiser Permanente Hospice & Palliative Care has many patients in North County who are facing life threatening illness and need volunteers to assist them. Volunteers offer a few hours of relief for caregivers, usually once a week, companionship and emotional support, and practical assistance such as errands. No "hands on" care is required. You will be blessed abundantly for giving your time and caring! Volunteers are assigned near the areas around their residence and are reimbursed for all mileage. For more information call Diane Hazard at 619-641-4669.

Natural Fertility Appreciation Center in San Diego—Seminar programs are held at the Fitch Fertility Center, 6214 Rose Lake Avenue, San Diego, on the second, third, and fourth Saturdays of each month. For more information, call 619-466-1507.



Parish Contacts

Updated 07/10/08

Council Chairs: Pastoral—Doug D'Agrosa 941-6800 • Finance—Paul Ibbetson 734-1051 • Development—Ron Briseno 726-4496

Pastoral Council Committees	Social MinistriesSuzee Irwin 597-2706		
Faith Formation & EvangelizationRory Griffin 414-3939	Blood DriveLinda Dicus 726-5081		
Religious Education (Adults)	Bereavement Follow-up SupportLinda Dicus 726-5081		
Small Church Communities	Brother Benno's Deacon Tom & Patt Goeltz 727-8442		
Little Rock Bible Studies Masako Streling 295-2594	Christmas Angel MinistryR.J. Irwin 597-2706		
Religious Education (Children)	CPR/AED ClassesPhil Goscienski 732-1414		
Liturgy of the Word for ChildrenCathy Meyer 598-7853	Disability Facilitation Ann Eriksson 599-7151		
Sacramental PreparationKathleen Bell 758-4100 x110	Fraternity & Michaelle House Carmen Tamayo 727-3028		
Mid. School Youth Ministry Ron & Louise Briseno 758-4100 x153	Huggy Buddies ProgramGale Gibbons 726-7236		
High School Youth MinistryJeff & Gale Gibbons 726-7236	Jail Ministry		
Evangelization	More's Workers		
Vocations	Prayer Request LinePat Wong 806-1310		
RCIA/Adults	Norma Flanagan 630-0180		
RCIA/ChildrenJeanette Marriott 434-1818	Project Linus		
Liturgy	Pro-Life Activities		
Altar Linen Care	Sick & Homebound (<i>Eucharist</i>) Jean McCloskey 643-2363		
Bereavement FacilitatorSr. Maureen Brown 758-4100 x131	Sister Parish Program		
Ecumenical & Interreligious AffairsRegina Aulisio 753-7234	St. Bonaventure MissionKnights of Columbus 727-6165 Office SupportHenny Jocelyn 758-4100 x100		
Environment & Art	Adopt-a-Project		
Eucharistic Adoration	Chair Set-UpLorraine Doering 758-4100 x102		
Interior Design Team	General Support		
Liturgical MinistriesDouglas Lynn 758-4100 x140	Kitchen Overseer		
Liturgical Music	STM Host Program		
Wedding Coordinator			
Marriage & Family Life Kalei & Paul Mendiola 945-9042			
FAMILIA	Annual Catholic Appeal Katrina Waggoner 643-0604		
Family Services	Capital Campaign		
Marriage PreparationRev. Michael Ratajczak 758-4100 x100Deacon Tom Goeltz 758-4100 x130	New Construction Brian Leahey 598-5697		
Parents & Tots Paul Mendiola 945-9042	Parish MembershipLouise Briseno 726-4496		
Widows & Widowers	Planned Giving		
Parish Organizations & EventsDavid Dearborn 951-232-8262	Publicity/Public Relations		
Golf Tournament	Sacrificial Giving/Tithing		
Historian	Stewardship		
Knights of Columbus	Vehicle Donations		
Library	venicle Donations Henry Jocetyn 736-4100 X100		
Spirited SeniorsStella Leué 726-3869			
Judy & Jerry Buoniconti 758-5113			
Women's GuildGermaine Wilmott 758-9949			
Pasto	oral Staff		
Deacon Tom Goeltz	4100 x130 or 727-8442thomasg@stmoside.org		
Rev. Thomas W. Thompson, Pastoral Associate; Hospital Chaplain at			
Scripps La Jolla, Scripps Green & UCSD Thornton	858-945-2251thomast@stmoside.org		
Lorranic Doering, Farish Office Technician			

Patronize Our Advertisers

We wish to thank the many neighborhood merchants who generously support our bulletin with their advertising. Please patronize these merchants and let them know you saw their ad in the St. Thomas More bulletin. We are currently taking new ads. Any business owners are welcome to advertise their services. Please call Chris McAdams of C & M Publications at 951-683-0608. Thank you.