

**SAINT
THOMAS
MORE
CATHOLIC
CHURCH**

Command me to come to you on the water.

Matthew 14:22-33



*A Roman Catholic Parish
in the Diocese of San Diego*

✝ Spirituality
✝ Tradition
✝ Community

Mass Schedule

Saturday at 5:00pm
Sunday at 8:30am and 10:30am
Monday-Friday at 8:15am

Eucharistic Adoration

Monday-Friday, 6:30am-7:30pm

Reconciliation (Confession)

Saturday, 4:00-4:30pm

Rev. Michael Ratajczak, Pastor
Rev. Karl Bauer, Senior Priest
Deacon John Fredette
Deacon Thomas A. Goeltz

1450 South Melrose Drive
Oceanside, CA 92056
760-758-4100
760-758-4165 fax

Office Hours: Monday-Friday,
8:30am-12:00noon
and 12:30-4:00pm
parishoffice@stmoside.org
www.stmoside.org



StThomasMoreRCC



Friday, August 15
Assumption of the
Blessed Virgin Mary
Masses at 8:15am and 7:00pm
Join Us!

Nineteenth Sunday in Ordinary Time August 10, 2014

Pastor's Column

Rev. Michael Ratajczak
760-758-4100 x100
michaelr@stmoside.org

Pope Francis Reveals Top 10 Secrets to Happiness

This article appeared in the Catholic News Service and was written by Carol Glatz. For the full article go to: www.catholicnews.com.

In an interview published in part in the Argentine weekly "Viva" July 27, the Pope listed his Top 10 tips for bringing greater joy to one's life.

1. **"Live and let live."** Everyone should be guided by this principle which has a similar expression in Rome with the saying, "Move forward and let others do the same."
2. **"Be giving of yourself to others."** People need to be open and generous toward others because if you withdraw into yourself, you run the risk of becoming egocentric. And stagnant water becomes putrid.
3. **"Proceed calmly in life."** The Pope used an image from an Argentine novel by Ricardo Guidaldes in which the protagonist—gaicho Don Segundo Sombra—looks back on how he lived his life.

He says that in his youth he was a stream full of rocks that he carried with him; as an adult, a rushing river; and in old age, he was still moving, but slowly, like a pool of water.

The Pope said that he likes this latter image of a pool of water—to have the ability to move with kindness and humility, a calmness in life.

4. **"A healthy sense of leisure."** The pleasures of art, literature, and playing together with children have been lost.

Consumerism has brought us anxiety and stress, causing people to lose a healthy culture of leisure.

Their time is swallowed up so people can't share it anyone.

(Continued on page 2)

Did You Know?

Are you aware that we have an elevator in our Parish Center? What a blessing for those who are in need of it. The elevator needs to be inspected and maintained on a quarterly basis. Each visit, four times a year, costs \$809.76, plus an annual government inspection costs \$815.

Our yearly bill for elevator inspection/maintenance is \$4,054.04. Please keep that figure in mind the next time you take a ride on our elevator!

Your contributions to our "Did You Know?" Campaign helps us to balance our Operations Budget.

Pastor's Column *(continued from page 1)*

Even though many parents work long hours, they must set aside time to play with their children; work schedules make it complicated, but you must do it.

Families must also turn off the TV when they sit down to eat because, even though television is useful for keeping up with the news, having it on during mealtime doesn't let you communicate with each other.

5. **"Sundays should be holidays."** Workers should have Sundays off because Sunday is for family.
6. **"Find innovative ways to create dignified jobs for young people."** We need to be creative with young people. If they have no opportunities they will get into drugs and be more vulnerable to suicide. It's not enough to give them food.
Dignity is given to you when you can bring food home from one's own labor.
7. **"Respect and take care of nature."** Environmental degradation is one of the biggest challenges we have. I think a question that we're not asking ourselves is: "Isn't humanity committing suicide with this indiscriminate and tyrannical use of nature?"
8. **"Stop being negative."** Needing to talk badly about others indicates low self-esteem. That means, "I feel so low that instead of picking myself up I have to cut others down." Letting go of negative things quickly is healthy.
9. **"Don't proselytize. Respect other's beliefs."** We can inspire others through witness so that one grows together in communicating.
But the worst thing of all is religious proselytism, which paralyzes. "I am talking with you in order to persuade you." No. Each person dialogues, starting with his and her own identity. The Church grows by attraction, not proselytizing.
10. **"Work for Peace."** We are living in a time of many wars. The call for peace must be shouted. Peace sometimes gives the impression of being quiet, but it is never quiet, peace is always proactive and dynamic.

Fr. Mike

Thank You! Thank You! Thank You!

My heart is full of gratitude. All went so well with my surgery and my ongoing physical therapy. Your prayers, cards, and well wishes meant very much to me and gave me the stamina and energy that was needed to face the operation and recovery.

Everything is very much appreciated!

—Your grateful Hippie, Fr. Mike

Considering Becoming Catholic?

Are you beginning to search for a deeper meaning and purpose in your life? Would you like to explore a spiritual dimension inside yourself? Do you have a yearning to experience God in your life? You are invited to join our group of "seekers" who are just beginning to discover the joy of knowing God. We meet two Saturdays a month, 3:30-4:45pm, and YOU are most welcome!

Contact Kathleen Bell at 760-809-6526 or 80bell80@gmail.com for more information.

Welcome New Parishioners

Giovanna LoMedico & Brett Callahan & Family
John & Elizabeth May

Announcing the Baptism of

Evan Andrew Barron
Katie Alicia Rasmon
on August 10



Our Christian community welcomes you with great joy!

Congratulations to

Manfred & Pat Gora

who celebrated their 33rd wedding anniversary August 1.

Clement & Phillis Hall

who celebrated their 62nd wedding anniversary August 9.

May God continue to bless your marriage, and may you be an inspiration to other married couples.

Flower Donations

The Altar Flowers for this weekend were given by **Clement & Phillis Hall** in honor of their wedding anniversary.

**In Memoriam**

Please pray for the repose of the soul of:

Brenda Cobian, who died on July 25. Her Funeral Mass was celebrated at St. Francis Church in Vista. Please keep her husband Walter and her family in your prayers.

May her soul and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Vocations

In the Gospel reading for Monday, August 4, in honor of St. John Vianney, our Lord is telling his followers that the need for workers is great but the workers few...the same is true today! Have you felt the calling to become a priest, deacon, or vowed religious but been afraid to follow it up? Don't be. They are great vocations and much in need. Serving God and his people in such a manner is also a rewarding career. Explore the possibilities! Contact Deacon Tom at thomasgoeltz@aol.com or 760-727-8442.

STM \$crip News

Thanks to all who support the Scrip program! A percentage of every Scrip gift card purchased benefits our Parish Mortgage/Building Completion Fund. Stop by the Scrip table on the plaza after weekend Masses or the Parish Office during the week to purchase/order Scrip or find out more about the program.

Remember, Scrip is available for purchase FOUR ways:

1. On the Plaza after weekend Masses
2. Monday-Friday during business hours in the Parish Office
3. Email at scrip@stmoside.org
4. Phone at 760-758-4100 x150

Orders may be picked up after Mass on the weekend or at the Parish Office during the week.

Readings for the Week Ahead

Sunday Year A; Weekday Year II
Readings online at www.usccb.org.

Sunday, August 10 (115)
Nineteenth Sunday in Ordinary Time

1 Kings 19:9a,11-13a

Psalms 85:9-14

Romans 9:1-5

Matthew 14:22-33

Monday, August 11 (619)

Clare, virgin

Philippians 3:8-14

Psalms 16:1b-2a,5,7-8,11

Matthew 19:27-29

Tuesday, August 12 (414)

Ezekiel 2:8-3:4

Psalms 119:14,24,72,103,111,131

Matthew 18:1-5,10,12-14

Wednesday, August 13 (620)

Pontian, pope.

Hippolytus, priest, martyrs

1 Peter 4:12-19

Psalms 124:2-5,7-8

John 15:18-21

Thursday, August 14 (620A)

Maximilian Kolbe, priest, martyr

Wisdom 3:1-9 or 1 John 3:14-18

Psalms 116:10-13,16ac-17

John 15:12-16

Friday, August 15 (622)

The Assumption of the Blessed Virgin Mary

Revelation 11:19a;12:1-6a,10ab

Psalms 45:10,11,12,16

1 Corinthians 15:20-27

Luke 1:39-56

Saturday, August 16 (418)

Stephen of Hungary

Ezekiel 18:1-10,13b,30-32

Psalms 51:12-15,18-19

Matthew 19:13-15

Sunday, August 17 (118)

Twentieth Sunday in Ordinary Time

Isaiah 56:1,6-7

Psalms 67:2-3,5-6,8

Romans 11:13-15,29-32

Matthew 15:21-28

Prayer List (Call 760-758-4100 x102 to add a name for four weeks.)

The Adalian Family
Changa Aguilera
Mary Alexander
Carrie Autrey
Joshua Avery
Jose Luis Barbosa
Patricia Barbour
Clarice Bednarz
John Bennici
Regina Bentz
Lisa Berg
Roseanne Berg
Mary Betz
Betty Jean Bielich
Beth Brewer
Janet Brown
Todd Brown
Katie Browne
Jack & Mary Bruzas
Anita Buerger
Tony Calderone
Shelby Campbell
Brienne Campos
Aria Cappeluti
Baby Caroline
The Vaughn Clevenger Family
The Cobian Family
Dolly Cole
Carl & Dorothy Coleman
James Coleman
Elaine Collins
Carol Costa
Steven Cresencia
Lené Crowe
Karen Flaharty Daley
Marti Dawson
Beverly de Gelder
Hugo Delgado, Jr.
Cecilia DeSimone
Carole Dillon
Edward Dolnik
Art & Dave Dossman
John Draskowski, Jr.
La Vonne Dumas
Carolyn Erickson Ey
Sally Fay
Victoria Lopez Fenton
The Fiore Family
Mary Fleming
Bishop Cirilo Flores
Ryan Flum
Ernie Follis
Eugene Franciscus
Kathryn Franklin
Joe Freire
The Greg French Family
Brian Frink
Jim Gallagher
The Joe Garcia Family
Kathy Gardner
Jack & Marge Gillen
Theresa Goeltz
Wendy Gonzales' Dad
Rick Gonzalez
Wade Griggs
George Griff
Luke Guent
Pat & Tom Hannon
The Harker Family
Mark Harlin
Dorothy Harrison
Barbara Hatem
Heidi Heaton
Lilian Hills
William Hokama
Samara Hook
Susan Hori
Rick Hughes
Iolanda Iacobelli
Linda Iacobelli Bennett
Laura Kater
Dottie Kearney
Connor Kerzie
Peggy Kiernan
Shirley & Mel Kimmel
Tana King
Debbie Kinney
Mark Kneisel
Dewey Kolbo
Tony Korwin
Helen Kuhn
Lillian Lachance
The Lamelin Family
Bernie Lanzrath
Brandon LeBlanc
Jeremiah Lemus
David Leué
The Paul Leué Family

Ashley Load
Shirley Loggins
Cassandra & Lauren Loretto
Jack Lucarelli
Joaquin Maldonado
Paige Mansell
Sr. Mary Mark
Alexander Mathews
Chandler May
Virginia McConnell
Bob McWilliams
Joyce Meehan
Kalei Mendiola
Bill Metzger
Phyllis Minaya
June Mitchell
Nancy Moore
Elizabeth Muehlbacher
Conrad Murphy
Margie Myers
Nida Navarro
Richard Obsitnik
Bernadette Padovan
Ethan Palm
Perry Postulka
Douglas Price-Williams
The Joe Prokop Family
Bernie Ptak
Evi Quinn
Philip Ralph
Barbara Ramm
Jan Riley
Connie Ringel
Rita Ritchie
Rita Robinson
Dorothy Rouse
The Russo Family
Rachel Sainc
Cindy Sanelli
Linda Schmidt
Joan Shea
Nick Soltau
Darek, Vanessa, & Elba Spizewski
Patricia St. Pierre
Sybil Staples
Mike Sterling
Pete Sullivan
The Sweet Family
Julie Teare
Jim Thompson
Tommy & Ginger Thompson
Sarah Tillinghast
William Tompson
Stephen Toth, Jr.
Olivia Trejo
The Trejo/Beltran Family
The Trejo/Maldonado/Uribe Family
The Vasquez Family
Lucy Vienna
Vanessa Vitiello
Wilson Wanner
Kevin Watson-Graff
Paul West
John Whitton
Carmen Wolf
Patricia Zavala
Jeanne Zeltner

Calendar Highlights

More details at www.stmoside.org,
Schedule and Calendar

- Aug 10 Liturgy of the Word for Children at 8:30am and 10:30am Masses
- Aug 15 Assumption of the Blessed Virgin Mary—Mass at 8:15am and 7:00pm
- Aug 17 New Member Luncheon
- Aug 18 Moms & Kids meet at Shadowridge Park
- Aug 18 XLT Praise and Worship
- Aug 19-20 Restaurant Fundraiser at Nucci's
- Aug 23-24 Baby Bottle Drive for Birth Choice
- Aug 24 Pastor's Dinner
- Aug 31 Year 1 Confirmation Parent Meeting
- Sep 4 Spirited Seniors Ice Cream Social
- Sep 19 All About Eyes Class
- Sep 28 Knights of Columbus Breakfast
- Oct 4 Treasures Rummage Sale
- Oct 10-12 Men's Retreat
- Oct 25 LifeWalk at Mission Bay
- 2015**
- May 1 STM Gala
- Jun 22-26 Vacation Bible Camp

Questions? Contact Henny at
760-758-4100 x100
hennyj@stmoside.org.

Pray for Women Religious

Please join us in praying for the women religious who serve in the Diocese of San Diego. They have been assigned to days of the year in alphabetical order.

August 11	Sr. Mary Ann (Sis) Flynn, RSCJ
August 12	Sr. Frances Michele Francese, CSJ
August 13	Sr. Claire Frawley, SFCC
August 14	Sr. Sally Furay, RSCJ
August 15	Sr. Patricia Gage, CSJ
August 16	Sr. Margarita Galardo-Rodriguez, SJS
August 17	Sr. Mary Gallagher, RSM

Mass Intentions

Saturday, August 9, 5:00pm	William Hoogestraat ☩
Sunday, August 10, 8:30am	Al Dragula ☩
Sunday, August 10, 10:30am	Lillian Hazzard ☩
Monday, August 11, 8:15am	Gilda Spiegl
Tuesday, August 12, 8:15am	Candelaria Monticelo ☩
Wednesday, August 13, 8:15am	Frank Dowling
Thursday, August 14, 8:15am	Richard Kane ☩
Friday, August 15, 8:15am	Jerome Kern ☩ Lawrence Jerome Lawrence Kern ☩
Saturday, August 16, 5:00pm	DeWayne Postulka ☩ & Mary Ann Postulka
Sunday, August 17, 8:30am	Florence Crull ☩
Sunday, August 18, 10:30am	Bill & Theresa Goeltz

Deployed Military

As a faith community let us pray for all who serve our country in these troubled times. We pray especially for those connected to our Parish who have been deployed:

Gunnery Sgt. Fernando Andrade, Jr.
1st Lt. Jeffrey Bauer, USMC
PFC John Brandone
Lt. Devon Czarzasty
Corp. Willie Deel
Chaplain Van Dinh
Lance Corp. Brandon Doyle, USMC
Capt. Brandon M. Felker, USAF
Patrick G. Felker, USN
Grant Fischer
MSGT Steve Gallegos, USMC
Sgt. Alex Garcia
PFC Thomas Gillen, US Army
PFC Samuel Haro, US Army
PFC Cody Madere
Pvt. 2 Jess Phillips, US Army
Sr. Airman Robert Spear, USAF
Sgt. Charles Watts, USMC

Social Ministries & Outreach

Faith Encounters the Ecological Crisis

Are you concerned about the forces that are threatening the ecological systems in which we live? Would you like to learn more about the challenges we face in caring for our mother earth?

Beginning the week of September 15, the group will meet once a week for 8 weeks. This JustFaith module was designed as a community learning process built around the book, *Living Beyond the End of the World, A Spirituality of Hope*, by Margaret Swedish.

Our planet is in great distress, a combination of many factors that can best be summed up as the sheer scale of the human project, especially the stresses of population growth, demand on resources, and depletion of natural environments driven by industrialization and technology. Our faith supports our struggle to protect creation. We are not hanging out on a limb as we do this. Catholic social teaching has a rich reflection on the ecological challenges going back to Pope Paul VI.



If you are interested in attending an information meeting (Sunday, August 31, at 10:00am) or signing up now for this course, please contact Sr. Maureen at maureenb@stmoside.org or 760-758-4100 x131.

The weekly session day/time will be decided by the group at the information meeting. If you are especially interested in this topic each group needs 2 facilitators. The program has excellent planning suggestions and step by step processes.

All About Eyes Class at STM

Anyone experiencing visual problems and desiring more information on resources that can be beneficial will get answers to many questions regarding visual impairments and eye health from a class facilitated by the Braille Institute on Friday, September 19, 1:00-2:00pm. You do not have to be visually disabled to take this class. For more information or to sign up, contact Ann Eriksson at 760-599-7151.

Baby Bottle Drive for Birth Choice

...our local pregnancy resource center, will be August 23-24. Pick up a baby bottle, fill it with your donation, and return it to the collection bin on the plaza in two weeks. For more information, contact Jane Kelleher at 760-822-7041.

St. Bonaventure Clothing Drive (November 8-9)

Buying new clothes for the new school year...or the fall season, and want to know where to dispose of the old? We will be holding our annual clothing drive for St. Bonaventure Mission on November 8-9. The Indians serviced by the Mission are in dire need of your gently used clothing, shoes, and bedding. Just place the old in a heavy duty black trash bag and save it for us, or contact Deacon Tom at thomasgoeltz@aol.com or 760-727-8442. Your help is greatly appreciated. God Bless!!!

"Did You Know" Collection July 2014

\$1,424.06

Restaurant Fundraisers July 2014

Famous Dave's	\$418.56
Nucci's	\$374.41

Marriage & Family Life

Moms & Kids—Moms! The Moms and Kids ministry is meeting on the third Monday of August at Shadowridge Park in Vista, 10:00am-12:00noon. There are many other events within our community throughout the month posted on our private Facebook page. Join us! Contact Jen Abelson at jen.abelson@gmail.com.



Relationship Skills Workshop—Deacon Ralph and Peggy Skiano of the Diocesan Marriage & Family Life Office are presenting Relationship Skills Workshops every Tuesday night at 7:00pm at Corpus Christi Parish Hall, 450 Corral Canyon Rd, Bonita, August 19-November 18. Come and explore how to improve your relationships. You can attend one workshop, several, or all of them. The first workshop is August 19 and the topic is *Building a Climate of Respect*.

Promoting Life, Marriage, and Religious Liberty—Defense of Traditional Marriage: Are conversations about defending traditional marriage becoming difficult in Parish, family, and work settings? Listen to Bill May, author of "Getting the Marriage Conversation Right," and guest on the Setting Things Right Radio Show, where he describes best practices on how to defend traditional marriage in ways that are effective, reasonable, and compelling. On the internet, go to: <http://ihrarchive.org/archive/str-20130717.mp3>.

Bishop's Letter on Marriage—Marriage: Love and Life In The Divine Plan: Contraception— "By using contraception, married couples may think that they are avoiding problems or easing tensions, that they are exerting control over their lives. At the same time, they may think that they are doing nothing harmful to their marriages. In reality, the deliberate separation of the procreative and unitive meanings of marriage has the potential to damage or destroy the marriage. Also, it results in many other negative consequences, both personal and social." To read the document go to <http://www.usccb.org/loveandlife/>.

Marriage Encounter—Do you have a good marriage but want a little jumpstart? Would you and your spouse like to rediscover and reconnect with each other? Then we invite you to attend a Marriage Encounter Weekend. Weekends take place in San Diego and other Southern California locations throughout the year. For more information, visit www.wwme.org or contact Eddie and Sheila Murphy at 760-295-0008.

Marriage Moments— Just as Elijah recognized the Lord in a "tiny whispering sound" (1 Kings 19:13) so we must attune ourselves to the sometimes subtle signals our spouse gives of distress, warmth, concern. Learn to read between the lines. By Susan Vogt, www.SusanVogt.net.

Parenting Pointers— 10 Life Skills Your Teen Needs Before Leaving Home. #4 is Good Social Skills and Manners. #5 is Auto Maintenance. #6 is Essential Domestic Skills. Only Auto maintenance needs to wait till the teen years. Start at whatever age your child is. <http://imom.com/10-life-skills-your-teen-needs-before-leaving-home/> By Susan Vogt, www.SusanVogt.net

For more information, visit [www.diocese-sdiego.org/Ministries/Marriage and Family Life](http://www.diocese-sdiego.org/Ministries/Marriage%20and%20Family%20Life) or call Jen Frost at 858-692-7438.

Parish Events

Attention Men!

Year three of “That Man is You!—The Revelation of the Father” begins September 6. The Revelation of the Father takes an honest look at the challenges facing fathers in modern culture, considers the reality of fatherhood, and discovers a mystery far deeper than a simple biological reality. TMIY integrates the latest medical science with the vision of St. Joseph presented in Scripture. The objectives of this program will be: Use the life of St. Joseph to discover the spiritual reality of fatherhood hidden beneath the biological reality. Show how God the Father lives his divine Fatherhood in and through human fathers. Identify the fury of Satan directed at fatherhood. Identify the challenges facing fatherhood today.

To register on-line, go to www.thatmanisyou.org and click on the “Sign up!” button or contact Deacon John at johnf@stmoside.org or 760-758-4100 x104.

Women’s Guild News

By now, last year’s members should have received an email with the proposed changes in the Guild’s Constitution and By-Laws. We ask that you read them carefully and be ready to vote on them at the September 8 meeting. If you have any questions regarding them, please-contact annbuko@sbcglobal.net or 760-726-8831. If you did not receive a copy of the changes, contact Henrietta Black at 760-758-8137. This is your Guild and your approval is important to us.

You may still pick up a registration form at the Parish Office to join or renew your membership. Drop it in the collection basket or mail/bring it in to the Parish Office c/o The Women’s Guild by September 1.

All women in the Parish are welcome to join, even if only to support our efforts to help provide for the needs of the Parish, and you can come to our fun fundraisers held on Saturdays. We meet the second Monday of the month and enjoy a great lunch together, socialize, win door prizes, and are entertained by a new program every month. Come join the fun. We especially welcome new Parishioners.

Thank you, God, for the little bit of rain. It would be nice to get a lot more ☺. —*Ann Buko, president*

The Knightly News

We would like to thank all of the Parishioners who attend our breakfast fund raisers. Your support of the Knights allows us to aid various church, local, and state organizations in their mission of helping others. Please reserve Sunday, September 28, for the next breakfast. It’s a great way to meet other Parishioners, have some friendly conversation, enjoy a leisurely breakfast, and support the Knights of Columbus.

As always, we greatly appreciate your participation. For more information about the Knights, please call Andy Frost at 858-245-6305.

The Spirited Seniors FREE Ice Cream Social

Ladies and gentlemen, 50 years or older, the Spirited Seniors are having a FREE ice cream social for members and prospective members on Thursday, September 4, 6:30-8:00pm in the Parish Center! More info, contact Cheryl Rowland at 760-726-5578.

Memorial Item Donations

Memorials are a way of honoring those whom we love, whether they are living or deceased. Often, memorials are made for a special intention or in thanksgiving for a variety of blessings received from God.

Our Parish Campus will be a living memorial. All who help in building it will leave something to the community itself that will be used by generations to come. The good they do is not interred with them, but will remain to share in the divine activity of God here on earth.

Listed below are items still available for adoption.

All contributions will be recognized in a special memorial to be displayed in our Parish Memorial Garden.

For more information or to adopt an item, contact Chris Smith
760-758-4100 x120 or chriss@stmoside.org

Pipe Organ	\$850,000
Memorial Garden	\$500,000
Reflection Garden	\$250,000
Church Doors (Bronze)	\$100,000
Crucifix	\$75,000
St. Thomas More Shrine (Tapestry)	\$75,000
Pew Seating for the Church (1,000) 845 available	\$300/person
Daily Mass Chapel and Choir Chairs (200) 131 available	\$300/each

07/22/14



For more information on our progress, visit our website, stmoside.org, and click on Our New Church.

STM Vehicle Donation Program

Do you have a vehicle you want to donate?
Call us, and we’ll have it picked up operational or not!

You get the tax deduction!

We can accept vehicles without current registration and can file for replacement title if it has been lost.

As of June 17 we have netted \$52,402 from this program. Thank you donors!



**For more information, contact the Parish Office:
760-758-4100 x100 or parishoffice@stmoside.org**

Progress!

The first load of structural steel arrived on July 30—girders that will be welded together on site.



Liturgy & Music *Worship God*

Douglas Lynn
 Director of Liturgy & Music
 douglasl@stmoside.org; 760-758-4100 x140

WHY SING?

“a few words from my particular soapbox”

As all of us do, I view the world from a particular perspective, mine being formed by my background as a musician, music minister, and educator. So here are a few words from my particular soapbox.

The beginning of the school year offers us an chance to look ahead to the future—our own, and that of our children and grandchildren.

Schools have changed from when I grew up, and I imagine that you’ve noticed this change too. At many elementary, middle, and high school music programs, my colleagues are constantly being reminded that electives must support the core curriculum. Yes, the basics of reading, writing, and arithmetic are vitally important, but what might be missed in the discussion is that music enhances learning in all these areas. The research is very clear. Moreover, music teachers impart life-changing lessons to students that these girls and boys will not receive anywhere else.

So, why should people sing?

Music is language.

Singing enhances our understanding of words on the page. Singers bring authors’ points of view to life, consequently deepening their own understanding of language through idioms, analogies, metaphors, and similes. Singers both analyze and respond to text. Music challenges singers to critique both themselves and others in oral, choral, and written presentations.

Music is science.

Music is exact, specific; and it demands exact acoustics. A singer’s sheet music is a chart, a graph which indicates frequencies, intensities, volume changes, melody, and harmony all at once, and with the most exact control of time.

Music is math.

Music is rhythmically based on the subdivisions of time into fractions which must be done instantaneously and continuously, not worked out on paper, and often in multiple combinations.

Music is foreign language.

Most of music’s terms are in Italian, German, or French; and the notation is certainly not English, but a highly developed kind of shorthand that uses symbols to represent ideas.

Music is history.

Music usually reflects the environment and times of its creation, and often even the country and/or racial feelings therein. Music tells us of our past and intuits our future.

Music is physical education.

Music requires fantastic coordination of fingers, hands, arms, lip, cheek, and facial muscles, in addition to extraordinary control of the diaphragm, back, stomach, and chest muscles, which must respond instantly to the sound the ear hears and the mind interprets.

Music develops insight.

In music, patterns are analyzed, similarities and differences are identified, and style and period characteristics are observed.

But mostly, music is art.

Music allows a human being to take all these dry, boring (and sometimes difficult) techniques, and use them to create emotion. This is something that science cannot duplicate: humanism, feeling, emotion—call it what you will. Young people should study music not because we expect them to major in it (though some of them will), and not because they will sing or play music all of their lives



Matthew 14:29-30

(though many of them will), and not only so they can relax and have fun—although most of them will.

Young people should study music so that they will be human, so that they will recognize beauty, be sensitive, have something to retain for enrichment forever, have more love, more compassion, more gentleness, in short—more LIFE!

Of what value will it be to our young people to make a prosperous living unless they know how to live!

As the school year begins (and the music ministry year in a couple of weeks!), consider music-making—for your children, for your grandchildren, for yourself, for your school, for your God.

—Douglas

Upcoming Music



The choirs and ensembles of St. Thomas More’s music ministry are on summer break from July 28 to September 1. This five-week hiatus allows our musicians to sit with family and friends and to refresh the musical spirit that allows them to sing and play with vigor and deep spiritual commitment.

Music rehearsals resume after Labor Day. We will be back the weekend of September 6/7.

If you are interested in joining one of our choirs or ensembles in September, please contact Douglas (see above right).

I am...thinking of the importance for young peoples’ formation of education in authentic beauty. Art overall helps to refine their minds and orients them to building a society open to spiritual ideals... The festivity of song and music are likewise a constant invitation to believers and people of good will to commit themselves to giving humanity a future rich in hope.

—Pope Emeritus Benedict XVI,
 April 2008

Faith Formation

Teach and Live the Gospel

Matt Franklin
Youth Advocate
760-758-4100 x161; mattf@stmoside.org

Debbie Fredette
Director of Faith Formation
760-758-4100 x110; debbief@stmoside.org

Family Faith Formation

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THE SYMBOLON SERIES is a compelling presentation of the Catholic faith. Through beautifully crafted teaching and state-of-the-art video, author and speaker Dr. Edward Sri leads a team of dynamic teachers who provide a clear and comprehensive understanding of what the Catholic Church teaches and how to live it.

The Bible Timeline: The Story of Salvation

This is the foundational study in *The Great Adventure* Bible Study Series that has helped hundreds of thousands of Catholics learn to read the Bible.



Join Us for Our Next XLT Praise and Worship
Monday, August 18, starting at 7:00pm



WAKE UP WITH THE KING

All Parish families are welcome to meet this summer for morning Mass on Wednesdays at 8:15am, then stay after for cereal and fellowship. Bring a friend and cereal/milk to share!!

Expecting ??

Why not schedule your Baptismal appointment today before the arrival of your little one? Please contact the Faith Formation Office at 760-758-4100 x110 or debbief@stmoside.org for more information.



teens



Catholic Bible Study
Information Night for
Post-Confirmed Teens and Young
Adults
Sunday August 10
at 7:00 pm
on the lower level

T3: The Teen Timeline

Revolutionizing teen and young adult Scripture Study. Facilitated by Mark Hart, nationally known Catholic speaker and author.

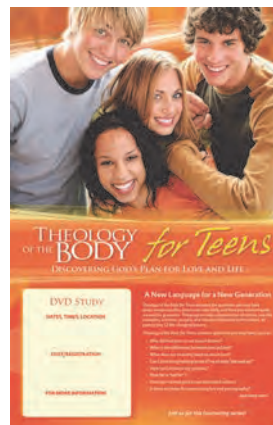


It's Here!!

Theology of the Body For 10th graders and Older

Please join us for a potluck dinner and the next 4 sessions of Theology of the Body on Friday nights continuing August 8 at 6:30pm.

Remaining sessions will be held on August 22, 29; September 5
Contact Debbie in the Faith Formation office for more information.



Come Check Out Youth Group "LIFE NIGHT"

Every Monday,
7:00-8:30pm

PIZZA, Worship, and a Message. Bring a bible and friend!
Lower Level of the Parish Center



Try Out Our New Guys & Girls Group

Join us every Wednesday night from 6:30-8:00pm for our "Guys & Girls" group. This is a great opportunity to build accountability, friendships, and find out our role as young men and women in the church and community. Bring a FRIEND and a snack to share.

Stewardship & Development

Serve God's People

Chris Smith
 Director of Stewardship & Development
 chriss@stmoside.org; 758-4100 x120

A WAY TO GIVE ~ A WAY TO RECEIVE



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Planned Giving is a generic term that covers the many ways an individual can give to a charity while, in many cases avoiding taxes. A few examples of Planned Giving are: Designated Beneficiary Accounts, Wills, Living Trusts, Stocks, Life Insurance, Mutual Funds, Endowments, and Real Estate.

This program is one way of helping the Parish raise the resources necessary to continue our campus build out and also help plan for our future needs (i.e., Tower of Faith participants). Gifts of this nature are beneficial and much appreciated by St. Thomas More.

For more information please contact:

Chris Smith at 760-758-4100 x120 or chriss@stmoside.org.

"... A Time To Build!"
 includes our Faith journey as well
 as the build out of our Parish Campus.

Collection for Week of August 2/3, 2014

Number of Registered Households		1,096
Offertory*	\$	9,791.27
Offertory (Loose Collection)		867.00
Children's envelopes		0.00
Total	\$	10,658.27

* Offertory envelopes, credit card withdrawals, automatic checking or savings account deductions (credit card and automatic bank account withdrawals are posted at STM on the 5th and/or 20th of each month).

Ways to Help Support Your Parish

We offer a variety of options for easier giving: extra mail-back envelopes included in your packet or credit card and automatic checking/savings account deductions by signing up in the office or online. For more information, contact the Parish Office at 760-758-4100 x100 or parishoffice@stmoside.org.

St. Francis and St. Thomas More Offertory Envelopes

Any St. Francis Offertory Envelopes given to the offertory collection at St. Thomas More will be returned to St. Francis.

Any St. Thomas More Offertory Envelopes given to the offertory collection at St. Francis will be returned to St. Thomas More.

Christian Stewardship

There is a Nigerian proverb that offers a great insight regarding stewardship: *It is the heart that gives, the fingers just let go.*

It is indeed a good and generous heart that is the soil where stewardship takes root and produces marvelous and abundant gifts. Moses understood that. When he was leading his people to build the tabernacle, he said to them: "Take from among you an offering to the Lord; whoever is of a generous heart, let him bring the Lord's offering: gold, silver, and bronze" (Exodus 35:5).

Moses continues mentioning other gifts that could be used in making the sanctuary and outfitting it with every able man in whose mind the Lord had put ability, every one whose heart was stirred him up to come to do the work" (Exodus 36:2).

It was their hearts that were prompted to give, and it was their hands that did the work. Hearts that are open our Lord also taught that Christian Stewardship is rooted in the heart. "The good man," he said, "out of the good treasure of his heart produces good..." (Luke 6:45).

It seems quite clear that if we use our talents, our time and our resources on behalf of God's kingdom, it is because we have hearts that are opened to God and hands that reach out to give, to serve, and to love.



- ◆ Give in proportion to what you have received.
- ◆ Give proportionally and as you are blessed.
- ◆ You may find time, talent or monies you didn't know you had.
- ◆ Remember, the Lord loves a cheerful giver.

—Parish Publishing, LLC, August 2014 Bulletin (with permission)

**Hope is the simple trust that God
 has not forgotten the recipe for manna.**
 —W. Paul Jones

News & Information from the Larger Church

MISSIO App for Smart Phones—Connects you to the Pope and his daily messages. Learn more at www.MissioApp.org/bulletin.

Monthly Holy Hour for Priestly and Religious Vocations—Third Wednesday of each month (next is August 20), 7:30-9:00pm, Diocesan Pastoral Center, 3888 Paducah Dr., San Diego. For more information, contact Fr. Pedro Rivera at privera@diocese-sdiego.org or 619-291-7446.

Concert at Áegis at Shadowridge (right across the street from STM)—Thursday, August 14, 6:00-8:00pm, featuring the Route 77 Band. Free event.

43rd Annual Southern California Renewal Communities Convention—August 29-31 at Anaheim Convention Center, “You Are the Light of the World.” Guest speaker is Msgr. John Esseff, spiritual director for Blessed Mother Teresa of Calcutta and friend of St. Padre Pio. Plus over 40 other speakers. Teen, Spanish, and Vietnamese tracks. Contact www.scr.org or 818 771 1361 or spirit@scrc.org.

Church Ministers Conference: Our Life Is Mission—Saturday, September 13, 9:00am-3:30pm, Cathedral Catholic High School, 5555 Del Mar Heights Rd., San Diego 92130. Keynote speaker is Patrick Coffin. Sponsored by the Diocese of San Diego Office for Evangelization and Catechetical Ministry.

L!feWalk 2014—October 25—mark your calendars now. Plan to invigorate life by walking, sponsoring, or sponsoring a walker. More information at www.lplifewalk.com.

Catholic Charities Food Resource Center Has Volunteer Opportunities for YOU!—Drivers, Daily Food Packers, Intake Workers, and CalFresh (food stamp) Advocate. For information call Lisa DuMolt at 619-231-2828 x221

Weekly Peaceful Prayer Vigil to End Abortion—Tuesdays, 9:00-10:00am, outside the clinic at 120 Craven Rd., San Marcos. For more information, contact Jane Kelleher at 760-822-7041.

Birth Choice Volunteer Counselors Training—Call Heidi at 760-744-1313 for details and to sign up. Birth Choice is a pro-life, Christ-centered pregnancy resource center offering free pregnancy testing, ultrasound, and options counseling for women in crisis. For more information, visit www.birthchoice.net.

Support Group for Separated/Divorced—An ongoing support group meeting Sundays at 10:15am at St. James Catholic Church in Solana Beach. For more information, contact Frank Grant at 760-533-1520 or fwgrant@gmail.com.

Catholic Widows and Widowers of North County

Would you like to expand your social life and meet a group of interesting and friendly widowed people? For more information, call Carol Kope at 760-726-0533 or Gerri Wilmott at 760-758-9949. See the bulletin board on the lower level for our complete monthly calendar of social activities. RSVPs are required.

Young Adult Ministry Activities

Visit www.yamsd.org for complete information on events for young adults, Bible Study, social activities, praise and worship nights, outreach projects, Theology on Tap evenings, beach bonfires, and a relationships skills series.

Also, search *Office of Young Adult Ministry* on Facebook.

Missionary Cooperative Appeal

Dear St. Thomas More Parishioners,

Blessings to you from Fr. Antony Gaspar, a missionary from the Diocese of Dindigul in India. Our diocese is privileged to have the opportunity to share with you about our missionary work and seek your prayers and financial support on the weekend of August 16-17.

Our Diocese of Dindigul was newly created in 2003. We serve the needs of 2.95 million people of different faiths, but Catholics are only about 133,000. So the need for evangelization work is huge. But the resources to train catechists and faith educators and construct faith formation centers, churches, mission chapels, schools, orphanages, and primary health care centers are all daunting tasks for our diocese. Being a new diocese, we have to build it up from scratch, which requires a lot of resources. Currently our diocese has the responsibility to support 73 seminarians and 35 catechists who are in formation at various levels in order to meet our future spiritual, pastoral, and missionary needs. In addition, we provide housing, education, and medical services to 300 poor and orphaned children in our diocesan-administrated orphanage.

We depend upon the generosity of the people like you for all these needs. Therefore, we request that you pray for us and be generous at the special Mission Collection on the weekend of August 16-17. We deeply appreciate your kindness and generosity. —Fr. Antony

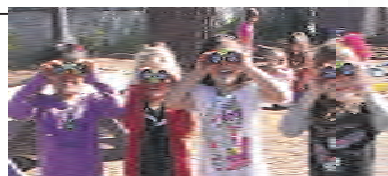
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Parish Contacts

Updated 08/05/2014

Council Chairpersons: Pastoral-Doug D’Agroa 760- 941-6800 • Finance-Paul Ibbetson 760- 734-1051 • Development-Ron Briseno 760- 726-4496

Pastoral Council Committees

Religious Education/Faith Formation/Evangelization

-**Rory Griffin 760-414-3939**
- Religious Education for Adolescents & Children (R.E.A.CH)
 -Debbie Fredette 760-758-4100 x110
- Liturgy of the Word for Children..... Heidi Madden 760-529-2400
- Sacramental Preparation.....Debbie Fredette 760-758-4100 x110
- RCIA..... Kathleen Bell 760-809-6526
- Ecumenical & Interreligious Affairs..... Regina Aulio 760-295-5530
- Youth Ministry..... Matt Franklin 760-758-4100 x161
 - High School Matt Franklin 760-758-4100 x161
 - Young Adults Matt Franklin 760-758-4100 x161
- Religious Education for Adults...Debbie Fredette 760-758-4100 x110
- Bible Study..... Charlene Buhlert 760-729-2842
 - Patt Goeltz 760-727-8442
- Centering Prayer Mary Williams 760-758-4100 x100
- Men’s Fellowship..... Dcn. John Fredette 760-758-4100 x132
- Women’s Ministry Erin Barela 760-580-5659
- Vocations Dcn. Tom & Patt Goeltz 760-727-8442

LiturgyKathy Arciero 760-231-1022

- Altar Linen CareAnna Meyers 760-727-4998
 - Art & Environment Kathy Arciero 760-231-1022
 - Bereavement Ministry.....Sr. Maureen Brown 760-758-4100 x131
 - Eucharistic Adoration Available
 - Interior Design Team Pat & Phil Goscienski 760-732-1414
 - Liturgical Ministries.....Douglas Lynn 760-758-4100 x140
 - Music Ministry.....Douglas Lynn 760-758-4100 x140
- Marriage & Family Life Jen Frost 858-692-7438**
- Bringing the Celebration Home Jen Frost 858-692-7438
 - Diocesan Liaison..... Trish & Daryl Resplandor 626-733-3832
 - Family Services..... Rev. Michael Ratajczak 760-758-4100 x100
 - Marriage Preparation..... Rev. Michael Ratajczak 760-758-4100 x100
 - Moms & Kids..... Jen Abelson 410-570-6962
 - Lia Haubert 949-322-6458
 - Widows & Widowers of North County..... Carol Kope 760-726-0533
 - Germaine Wilmott 760-758-9949

Parish Organizations & Events..... Lisa & Pat Attardo 760-940-1505

- Annual Gala Chris Smith 760-758-4100 x120
- Historian/Archives Brandon Oswald 760-845-5450
- Knights of Columbus Andrew Frost 858-245-6305
- Social Activities Henny Jocelyn 760-758-4100 x100
- Spirited Seniors Jim & Marilyn Day 760-509-4545

- Treasures Rummage Sale.....John & Wendy Murphy 760-497-6117
 - Walking Ministry Diane Pal 760-815-2519
 - Women’s Guild..... Ann Buko 760-726-8831
- Social Ministries Cherie & Greg Abrahms 760-598-6776**
- Blood Drive Linda Dicus 760-726-5081
 - Brother Benno’s CollectionDcn. Tom Goeltz 760-727-8442
 - Brother Benno’s Kitchen Server George Jones 760-940-9288
 - Christmas Angel Ministry Kevin & Lisa Seufert 760-732-5965
 - CPR/AED Classes..... Phil Goscienski 760-732-1414
 - Culture of LifeJane Kelleher 760-822-7041
 - Disability Facilitation Ann Eriksson 760-599-7151
 - Jail Ministry Rita McCarthy 760-758-4100 x100
 - Prayer Request Line.....Pat Wong 760-806-1310
 - Norma Flanagan 760-630-0180
 - Project Linus..... Mary Coxon 760-599-8760
 - Social Justice Committee Henri Black 760-758-8137
 - Engaging Spirituality Sr. Maureen Brown 760-758-4100 x131
 - Interfaith Committee for Worker Justice
 - Joyce Meehan 760-724-4974
 - JustFaith..... Sr. Maureen Brown 760-758-4100 x131
 - San Diego Organizing Project (SDOP)
 - Craig & Mary Castle 760-727-3097

- Solutions for Change Kevin & Lyn Leahy 760-643-0872
- Family Shoe Ministry Rick & Heidi Madden 760-470-4998
- St. Bonaventure Mission.....Dcn. Tom Goeltz 760-727-8442
- Youth Justice Foundation Cherie & Greg Abrahms 760-598-6776

Office Support..... Henny Jocelyn 760-758-4100 x100

- General Support Henny Jocelyn 760-758-4100 x100
- Chair Set-Up Lorraine Doering 760-758-4100 x102
- Kitchen Manager.....Rebecca Eyer 760-758-4100 x100

Diocesan Pastoral Council Liaison Masako Streling 760-295-2594

Development Council Committees

- Annual Catholic Appeal..... Flora Fallone 760-758-4100 x100
- New Construction Brian Leahey 760-224-1674
- Parish Membership Valerie Thompson 760-630-1703
- Planned Giving Chris Smith 760-758-4100 x120
- Publicity/Public Relations..... Jane Gladden 760-659-6168
- Scrip Sales Mike Nichols 760-727-7522
 - Andrea Sweeney 760-216-6389
- Stewardship Chris Smith 760-758-4100 x120
- Vehicle Donations..... Diana Diaz 760-758-4100 x100
- Welcome Ministry Chris Smith 760-758-4100 x120

Pastoral Staff

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Rev. Karl Bauer, Senior Priest.....	760-758-4100 x133	<i>karlb@stmoside.org</i>
Dcn. John Fredette	760-758-4100 x132	<i>johnf@stmoside.org</i>
Dcn. Tom Goeltz	760-758-4100 x100	<i>thomasg@stmoside.org</i>
Sr. Maureen Brown, Pastoral Associate.....	760-758-4100 x131	<i>maureenb@stmoside.org</i>
Dcn. John Fredette, Business Manager.....	760-758-4100 x104	<i>johnf@stmoside.org</i>
Debbie Fredette, Director of Faith Formation.....	760-758-4100 x110	<i>debbief@stmoside.org</i>
Matt Franklin, Youth Advocate	760-758-4100 x161	<i>mattf@stmoside.org</i>
Stacey Griffin, Faith Formation Office Assistant	760-758-4100 x110	<i>staceyg@stmoside.org</i>
Douglas Lynn, Director of Liturgy and Music.....	760-758-4100 x140	<i>douglasl@stmoside.org</i>
Kathy Santy, Assistant Music Director.....	760-758-4100 x100	<i>kathys@stmoside.org</i>
Sally Fay, Organist/Choir Accompanist	760-758-4100 x100	<i>sallyf@stmoside.org</i>
Chris Smith, Director of Stewardship and Development	760-758-4100 x120	<i>chriss@stmoside.org</i>
Joe Garcia, Director of Maintenance	760-758-4100 x151	<i>joeg@stmoside.org</i>
Henny Jocelyn, Receptionist/Secretary.....	760-758-4100 x100	<i>hennyj@stmoside.org</i>
Lorraine Doering, Parish Office Technician.....	760-758-4100 x102	<i>lorrained@stmoside.org</i>
Brian Leahey, Director of Construction.....	760-758-4100 x152	<i>brianl@stmoside.org</i>

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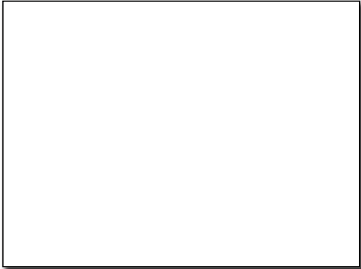


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