

Holy Year Pilgrimage Mercy Door and Eucharistic Adoration open 7:00am-7:00pm seven days a week. Stop by for a visit!

If you'd like to help out by spending an hour a week in the church during these times, contact Evans Formica at evansf@stmoside.org.



## A Roman Catholic Parish in the Diocese of San Diego

- ♣ Spirituality
- ♣ Tradition
- ☆ Community

### Mass Schedule

Saturday at 5:00pm Sunday at 8:30am and 10:30am Monday-Friday at 8:15am

**Eucharistic Adoration** Sunday-Saturday, 7:00am-7:00pm

Reconciliation (Confession) Saturday, 3:30-4:30pm and by appointment

Rev. Michael Ratajczak, Pastor Rev. Karl Bauer, Senior Priest Deacon John Fredette Deacon Thomas A. Goeltz

1450 South Melrose Drive Oceanside, CA 92056 760-758-4100 760-758-4165 fax **Office Hours:** Monday-Friday, 8:30am-12:00noon and 12:30-4:00pm parishoffice@stmoside.org www.stmoside.org





### **Grand Orchid Award**

STM was awarded the 2016 Grand Orchid Award for architecture by the San Diego Architectural Foundation

See www.stmoside.org

### Thirty-Second Sunday in Ordinary Time November 6, 2016

### Pastor's Column

Rev. Michael Ratajczak 760-758-4100 x100 michaelr@stmoside.org

November—A Month of Remembrance, Gratitude, Thanksgiving, and Stewardship

It is November!

We begin our annual trek through remembrance, gratitude, and thanksgiving. These movements of the heart naturally lead us to a response—stewardship.

We remember all that God has done and continues to do for us. We are grateful for the gift of life, love, family, friends, and faith. Our response is thanks, not just in word, but most importantly, in the actions of our every day lives. As we set our priorities and agendas according to the Gospel, as we respond in faith, we become Christian Stewards.

As we begin this month of "Christian Stewardship Awareness," we allow the words of St. Peter to echo in our minds, hearts, and souls:

You also, as living stones, are built up as a spiritual house, to be a holy priesthood, to offer up spiritual sacrifices, acceptable to God through Jesus Christ. —1 Peter 2:5

We are the living stones, each of us, coming together to be built up as a spiritual house, as the Church, which continues the mission and ministry of Jesus for this time and this place.

Although we are now in our permanent worship space—our Church—we still need to keep focused that the Church, ultimately, is a gathering of people in faith not a building. The building is not an end in itself. It is a means to an end.

We are the living stones of which the Church is built. For the past 31 years we have been a consecrated Temple built with the members of this Parish, the living stones.

As we move through this month of Christian Stewardship Awareness allow yourself to reflect upon the many ministries available in this Faith Community. Choose a ministry or ministries that will help you to become a living stone which is a part of the foundation of this Church. You will benefit, your family and friends will benefit, and the world will benefit!

Let us together, living stone upon living stone, be the living Temple, the living Church that continues the mission of Jesus for this time and this place.

### **Collection for National Needs**

The month of November has been designated for the Collection for National Needs, which supports the Black and Indian Missions, the Catholic Home Missions, the Catholic Communications Campaign, the Catholic Campaign for Human Development, and the Catholic University of America. The envelopes attached to the bulletin may be returned any time during November. Thank you for your generosity!

### Ask the Pastor!

On Sunday, November 6, at 12:30pm, our Adult Faith Formation Program is sponsoring an event entitled, "Ask the Pastor!"

Is there anything you would like to ask Fr. Mike about our Parish, about the wider Church, or about any theological issues?

In order to properly prepare, please email Fr. Mike your questions (*michaelr@stmoside.org*) or drop them in the Offertory Collection or at the Parish Office.

Thanks for your help in making this event a success!

### A Special Evening with Bishop McElroy

On Friday, October 21, St. Thomas More Parish hosted a "Meet and Greet" with Bishop McElroy and 19 priests who, for a variety of reasons, left the active ministry. The gathering was held at the St. Thomas More Rectory.

Most men present were with their spouses, a few are widowers, and some are single.

This is the first time in our Diocese that such a meeting has taken place at the invitation of a Bishop.

Bishop McElroy thanked those present for remaining faithful to God and being signs of God's love to the world. It was a grace-filled, loving event, bearing fruit in Pope Francis' Jubilee Year of Mercy! —Rev. Michael Ratajczak

### They Are Remembered

During the month of November the church traditionally remembers those who have gone before us to new life. There will be a special book for you to write the names of your loved ones in the Church.

Please join us in praying:

Holy Mary, Gentle Mother, cradle within your arms those who have died, and intercede for those who mourn them. Amen.

### Donations for Those Affected by Hurricane Matthew

If you would like to make a donation to help the people and the Churches impacted by Hurricane Matthew, place it in an envelope and mark it Hurricane Matthew. If you write a check, please make it out to St. Thomas More with the notation, Hurricane Matthew.

All money collected will be used to support Catholic Relief Services and Catholic Charities USA as they reach out to provide humanitarian aid in the form of water, food, shelter, medical care, as well as to their long term efforts to restore communities after widespread destruction, and to the United States Conference of Catholic Bishops for the pastoral and reconstruction needs of the Church in the Caribbean and the US.

Your donations can be given any time until December 31.

Also, if you wish, you can make your donations directly to Catholic Relief Services (www.crs.org) or Catholic Charities USA (Catholic Charities USA.org).

### **Welcome New Parishioners**

### Kathleen Byers Joel Imaizumi & Jamie Melsheimer

#### Flower Donations

The Altar Flowers for this weekend were given by **Helen Johnson** in memory of **Al Dragula**.



### Congratulations to

#### **Paul & Kathy Santy**

who celebrated their 24th anniversary of marriage on November 5.

### Carl & Masako Streling

who celebrated their 63rd anniversary of marriage on November 5.

### Bill & Jan Wilczynski

who celebrate their 29th anniversary of marriage on November 7.

May God continue to bless your marriage, and may you be an inspiration to other married couples.

#### In Memoriam



Please pray for the repose of the souls of:

**Robert Butler,** who died on October 14. His Funeral Mass will be celebrated on Wednesday, November 9, at 11:00am at St. Thomas More. Please keep his family in your prayers.

**Patricia Segars,** who died on October 28. Her Funeral Mass will be celebrated on Thursday, November 10, at 11:00am at St. Thomas More. Please keep her daughter, Shelley Peterson, and her family in your prayers.

May their souls and all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

### Local Hospitals with Catholic Chaplains Available

If you or a loved one is in one of these hospitals and need the ministry of a Catholic priest, please contact the Chaplain's Office to make the arrangements.

Hospital	Chaplain's Office
Tri-City	760-940-7954
Palomar	442-281-1328
Scripps Encinitas	760-633-7784
Scripps Green	858-554-3698
Scripps Mercy	619-260-7020
UCSD Thornton	619-543-2103
Kaiser Zion	619-528-5188

### **Considering Becoming Catholic?**

Has Pope Francis ignited a spark in you to know more about the Catholic faith and become a member of the Church he shepherds?

If you are already Catholic, perhaps you have a new enthusiasm for your faith that you would like to share with a friend or family member who is searching.

Our lives sometimes go through seasons of change, of closeness to God and distance from God. Yet the Father's love is steadfast, full of mercy, and ever-present to those who seek with a sincere heart, no matter what sins or situations have caused separation.

If you have thought about becoming Catholic and beginning a new "season" in your life, contact Kathleen Bell, 760-809-6526, 80bell80@gmail.com.

### Readings for the Week Ahead

Sunday Year C; Weekday Year II Readings online at www.usccb.org.

Sunday, November 6 (156) Thirty-Second Sunday in Ordinary Time 2 Maccabees 7:1-2,9-14 Psalm 17:1,5-6,8,15 2 Thessalonians 2:16-3:5 Luke 20:27-38 Monday, November 7 (491)

Titus 1:1-9 Psalm 24:1b-4b,5-6 Luke 17:1-6 **Tuesday, November 8** (492) Titus 2:1-8,11-14 Psalm 37:3-4,18,23,27,29 Luke 17:7-10 Wednesday, November 9 (671)

The Dedication of the Lateran Basilica in Rome Ezekiel 47:1-2,8-9,12 Psalm 46:2-3,5-6,8-9 1 Corinthians 3:9c-11,16-17 John 2:13-22

Thursday, November 10 (672) Leo the Great, pope, doctor Sirach 39:6-10 Psalm 37:3-6,30-31 Matthew 16:13-19 Friday, November 11 (673)

Martin of Tours, bishop Isaiah 61:1-3d Psalm 89:2-5,21-22,25,27 Matthew 25:31-40 Saturday, November 12 (496) Josaphat, bishop, martyr

3 John 5-8 Psalm 112:1-6 Luke 18:1-8 Sunday, November 13 (159) Thirty-Third Sunday

in Ordinary Time Malachi 3:19-20a Psalm 98:5-9 2 Thessalonians 3:7-12 Luke 21:5-19

### Mass Intentions

Saturday, November 5, 5:00pm Ed Dolnik 🕆

Sunday, November 6, 8:30am Al Dragula 🕆

Sunday, November 6, 10:30am Elsa Libreros 🕆

Monday, November 7, 8:15am Don Guthier 🕆

Tuesday, November 8, 8:15am Gratitude for Prayers Answered

Wednesday, November 9, 8:15am Anthony Masseth &

Thursday, November 10, 8:15am James & Esther Webb &

Friday, November 11, 8:15am Don Kope T

Saturday, November 12, 5:00pm All the Deceased members of the Lavelle & Tutino Families &

Sunday, November 13, 8:30am Dick McGeary &

Sunday, November 13, 10:30am Cesarina Morelli

**Prayer List** (Call 760-758-4100 x102 to add a name for four weeks.)

Changa Aguilera Ernie Aichele Mary Alexander Carrie Autrey Joshua Avery Addison Abigail Aviña Bob Baker Rosemary Ballard Jose Luis Barbosa Eliza, Isaias, Thaisa, and the Barbosa Family Patricia Barbour Francie Barron Clarice Bednarz Taylor Bell John Bennici Regina Bentz Lisa Berg Roseanne Berg Mary Betz Betty Jean Bielich Zane Breier Janet Brown The Brownell Family Anita Buerger Amelia Buono The Buono Family The Butler Family Shelby Campbell Brianne Campos Aria Cappeluti Nanette Carey Jorge Cartaiena Donald Cashmore Anne Caywood Chamberlain Dr. David Chao

Sarah, Evan, & Mason Ravy Chea The Vaughn Clevenger Family

Anne Cline Carl & Dorothy Coleman James Coleman Maria Colfer Addie Colgan Judy Colson Karen Connell Geoff Coolidge Sandra Cracchiolo Steven Cresencia Lené Crowe Karen Flaharty Daley Beverly de Gelder Velia Deal & Family Paul Del Vecchio Hugo Delgado, Jr. Cassandra D'Ercole Christine DeSantis Cecilia DeSimone David deVillenueve

Carole Dillon Elizabeth Doherty's Aunt Jackie Art & Dave Dossman Steven Douglas Marge Egan Jerome Elbacha Arthur Eral Carolyn Erickson Ey Victoria Lopez Fenton The Fiore Family Fr. James Flanagan Mary Fleming Rvan Flum Ernie Follis Eugene Franciscus The Greg French Family

Brian Frink Jim Gallagher The Joe Garcia Family Kathy Gardner Joan Gav

Alvssa Gerhard Merle Glime Wendy Gonzales' Dad Rick Gonzalez Lou Gordon George Gritt Luke Guenst Susan Hallahan Colleen Hanna The Harker Family Dorothy Harrison Family Barbara Hatem LaNay Hazzard

Michelle Harrison & Lilian Hills Lisa (Lynn) Hodges Georgia Ann Hodina Samara Hook Susan Hori Iolanda Iacobelli Katherine Jacobs Jacqueline Johnson Sue Johnston Laura Kater Dottie Kearney Connor Kerzie Peggy Kiernan Debbie Kinney Bernie Klimek Mark Kneisel Dewey Kolbo Tony Korwin Don Kowallek Faith Kowallek Helen Kuhn Lorene Kundert Lillian Lachance

Ashley LaMothe Pauline Lapre's sister Justine Brandon LeBlanc Susan Lee Jake Lefferdink Jeremiah Lemus Aleah Leon Ashley Load Cassandra & Lauren Loretto

The Lamelin Family

Jack Lucarelli Mary Anne Lucio Joaquin Maldonado The Maldonado Family The Maldonado Trejo Family Paige Mansell Gloria Maupin Colleen McCall Virginia McConnell Paige McCoy

Jerry McEniry
The McGinley Family Ann McMahan Bob McWilliams Joyce Meehan Kalei Mendiola Lorraine Micallef Rita Mikridge

Barbara & Harold Miller Shelly & Harold Miller

Steven Sr., Stevie, & Noah Miller Tom Miller Phyllis Minaya June Mitchell Maria Molina June Montgomery Nancy Moore Elizabeth Muehlbacher Conrad Murphy Eddie Murphy Margie Myers

Andrew Philip

Nacional

Angela Nacional Melanie Nacional Nida Navarro Richard Obsitnik Gillian Ochoa Kare O'Dell Laura Paciorek Gloor The Padua Family Ethan Palm Cynthia Pearson Salina Pearson Betty Pendill Elisa Petrie Merri Phelps Helen Pingtella Delilah Plasterer Perry Postulka The Joe Prokop Family Bernie Ptak Isabel Ramirez Barbara Ramm The Jerry Ratajczak Family

Jenni Richard Evelyn Richards Rita Ritchie Ralda Rizke Lily Robinson Bea Rocha Maria Rogers The Russo Family Rachel Sainc Sam Sam Cindy Sanelli Lori Sanna Linda Schmidt Grace Schweighofer The Segars Family Joan Shea Elizabeth Shirzad Nick Soltau Darek, Vanessa, & Elba Spizewski

Randy Reznicek

Don St. Pierre Patricia St. Pierre Brian C. Stanton Sybil Staples Mike Sterling The Stoddard Family Laura Bernard Stover, MD Pete Sullivan Pat Swanton

Steve Tandy Julie Teare Laura Thiele Frank Thompson Tommy & Ginger Thompson Maryann Tien Sarah Tillinghast William Tompson Stephen Toth, Jr.

Olivia Trejo The Trejo/Beltran Family
The Trejo/Maldonado/ Uribe Family Frank Urso Martin Vertson Lucy Vienna Lucy Viramontes Vanessa Vitiello Wilson Wanner Kevin Watson-Graff Jerry Wechsler Rylee West The Xavier Family The Zakoski/Lair Family Patricia Zavala

Jeanne Zeltner

### Calendar Highlights

Nov 5-6

More details at www.stmoside.org. Schedule and Calendar

St. Bonaventure

Clothing Drive Liturgy of the Word for Nov 6 Children at 8:30am and 10:30am Masses Ask the Pastor Presentation Nov 6 Nov 13 Veterans Brunch Nov 15-16 Restaurant Fundraiser at Nucci's Women's Guild Game Day Nov 19 Nov 20 Prayer Service for the end of Jubilee Year of Mercy Nov 24 Thanksgiving Day Mass at 9:00am Advent Workshop Nov 26 Dec 17 Christmas Cookie Exchange

> Questions? Contact Henny at 760-758-4100 x100 hennyj@stmoside.org.

The Prayers for Women Religious have moved to the monthly calendar insertplease check there.

### **Deployed Military**

As a faith community let us pray for all who serve our country in these troubled times. We pray especially for those connected to our Parish who have been deployed:

Gunnery Sgt. Fernando Andrade, Jr. Lt. Devon Czarzasty Capt. Branden M. Felker, USAF Patrick G. Felker, USN Grant Fischer Gunnery Sgt. Julian Fyffe, USMC 1st Lt. Éric Galamay MSGT Steve Gallegos, USMC Sgt. Alex Garcia Adolfo Granados, MD, US Navy PFC Samuel Haro, US Army Staff Sgt Stephan LaMothe, USAF Cpl Caleb Lemons, USMC PFC Cody Madere Jordan Millikan 1st Lt. Jennifer Mozzetta Jeremiah Gabriel Nelson, USAF Thomas Kevin Nelson, US Navy Fireman Griffin Joseph Ochoa, US Navy Pvt. 2 Jess Phillips, US Army Nicole Rieger CTR2, US Navy Sr. Airman Robert Spear, USAF Sgt. Charles Watts, USMC

### **Social Ministries & Outreach**

### St. Bonaventure Clothing Drive

Our annual clothing drive is this weekend. Please bring your clothing donations to the storage truck at the end of the parking lot by 1:00pm Sunday. Your donation of useable clothing and shoes will help many of our nations poorest on the Big Rez served by the Mission. Thank you for your generosity.

### **Christmas Angels**

The Christmas Angel Tree is here! Please be sure to stop by and select an ornament or two to help out families less fortunate this upcoming Holiday season. There are a variety of items needed as well as ornaments for scrip gift cards that can be purchased on the plaza. Remember that the purchase of scrip also benefits our Parish as well as helping those in need in our community. Contact Lisa Seufert for more information or to become a volunteer at 760-716-0977 or *leprechaun81@sbcglobal.net*.

### **Got Candy?**

Got candy? Once again this year, we are collecting left over candy for Casa de los Pobres in Mexico. On the weekends of November 5-6 and 12-13 there will be a box at the information table on the plaza after Masses and in the Parish Office during the week. We will see that it is taken to the Missions Office at the Diocese for delivery to the nuns in Mexico. Any questions, contact Deacon Tom at thomasgoeltz@aol.com or 760-727-8442.

### Do YOU Recycle?

The youth of the Parish will soon be starting a recycling ministry to raise money for their activities. The California CRV program provides a wonderful opportunity for fundraising, as more than 60% of the money raised through the CRV program never gets redeemed. Watch for the blue recycling bins on the plaza after Masses in the coming weeks and make sure to deposit your eligible drink containers in them. There will also be an information table on the plaza explaining how the program works.

### Pies! Pies! Pies!

Thanksgiving is rapidly approaching. Share the holiday with the poor and homeless served by Brother Benno's by bringing a fresh baked apple or pumpkin pie to the Parish Office between 8:00am and 12:00noon on Wednesday, November 23, for delivery to Brother Benno's for their Thanksgiving Day Feast. Your generosity will bring a touch of home to those in need. Any questions, contact Deacon Tom at *thomasgoeltz@aol.com* or 760-727-8442.

### Help Feed the Hungry

Pope Francis reminds us: "You pray for the hungry. Then you feed them. That's how prayer works."

We encourage every STM family to donate one nonperishable food item each weekend when they come to Mass.

Together we can help feed the hungry in our local community.

### Marriage & Family Life

Moms & Kids—Are you a mom with infant through school age children wanting to meet other moms in our Parish? Want to find a great way to meet friends for both you and your children? Join our dynamic and energetic Moms and Kids ministry! We have park play dates on the first and third Monday of each



month at a local park, and there are many other events throughout the month posted on our private Facebook page. Join us! Contact Natalia Sada at *vzlanaty@yahoo.com* or Estelle Eral at *estelle.eral@gmail.com*.

**Separated or Divorced?**—The Separated/Divorce Ministry of St. James Parish invites those going through the pain of separation and divorce to find help and healing in a supportive small group setting. Meetings are held each Sunday at 10:15am at St. James Catholic Church at 625 South Nardo Ave., Solana Beach. Contact Frank Grant at 760-533-1520 or fwgrant@gmail.com for more information.

**Natural Family Planning**—Struggling to conceive but nothing is happening? Or doctors tell you IVF is your only hope? Want to space children naturally and effectively? Come listen to a free Introductory Presentation of the Creighton Model FertilityCare system. Every third Thursday of the month. Next presentation: Thursday, November 17, 7:00pm, St. Thomas More, Parish Center Upper Level. Please RSVP with Beth at 619-630-8086 or beth@veritasfertilitycare.com.

**Relationship Skills Workshops**—Deacon John and Debbie Fredette present Relationship Skills Workshops every Tuesday evening, 7:00-8:30pm, at St. Thomas More in the Parish Center Lower Level through January 17. Come and explore how to improve your relationship! You can attend one workshop, several, or all of them. The topic for November 8 is *Personality Differences*. There is no pre-registration or fee. For more information call Deacon John at 760-758-4100 x104

**Bishops'** Letter on Marriage—Natural Family Planning: "Natural family planning (NFP) methods represent authentic family planning. They can be used both to achieve and to postpone a pregnancy. NFP makes use of periodic abstinence from sexual intercourse based upon the observation of the woman's natural signs of fertility, in order to space births or to limit the number of children when there is a serious reason to do so. NFP methods require that couples learn, accept, and live with the wonders of how God made them. This is essentially different from contraception." <a href="https://www.usccb.org/loveandlife/">http://www.usccb.org/loveandlife/</a>.

Marriage Moments— Oct. 31 is Halloween in which our culture celebrates spirits—both scary and beautiful. Nov. 1 is All Saints Day on which we remember the godly humans who came before us. Who inspires you to goodness? By Susan Vogt, www.SusanVogt.net.

**Parenting Pointers**— It's nice periodically to remember family members who have died. This need not be a sad or gruesome task but rather a way to celebrate the goodness and lessons learned from relatives who have gone before us. Familiarize your children with their deceased relatives by creating a litany of their names and good qualities. www.SusanVogt.net.

For more information, visit *www.sdcatholic.org* Ministries/Marriage and Family Life or call Jen Frost at 858-692-7438.

### **Parish Events**

### Men's Fellowship Update

Men's Retreat Reunion dinner will be held Thursday, November 10 at Prince of Peace Abbey...please RSVP with Deacon John as soon as possible 760-758-4100 x104.

Are you hungry for a good message, good fellowship, and a good breakfast? Join us for our Saturday morning men's gathering and breakfast called **iHunger**. To stay informed of what's going on with **iHunger** via SMS text messages, text iHunger to 84576 or email Deacon John to have your email added to the iHunger distribution group. (Note: breakfast is off-site on the first weekend of each month).

Also, if you find yourself thirsty for occasional fellowship over a beer at a local micro-brewery, or taking a day hike, or going to a ball game together with some other great men from the Parish, Text **iThirst** to 84576.

### Women's Guild News

November is here, and our next luncheon meeting is on Monday, November 14, at 11:00am on the Parish Center Lower Level. Three of our members will share their encounters with breast cancer: Sally Fay, Valerie Thompson, and Cyndy Hamasaki, with a Q&A session to follow. The menu is perfect for a chilly Fall day: homemade soup, salad, rolls, and a surprise dessert. To reserve your spot please contact Patty Remington, Hospitality Chair at *cprem@pacbell.net* (corrected email address) or 760-805-6935.

Game Day is fast approaching on Saturday, November 19, 11:00am-3:00pm. on the Parish Center Lower Level. It is a day of fun that includes lively games to your liking, snacks for grazing, appetizers, lunch, door prizes, and opportunity baskets. Everyone is welcome—family and friends alike. Tickets are \$20 and are sold on the plaza after each of the Masses this weekend and next (November 12-13). Trish Feeley and Marcy Bernier, co-chairs, are amassing great door prizes and opportunity baskets already, so gather your friends and family for a fun few hours on the November 19!

Plans for our December 12 celebration of Advent are in the works. You'll hear more about this popular meeting, the theme of which is "American Traditions," at the November 14 luncheon. Hope to see you there!

If you have not yet received your copy of the 2016-17 Women's Guild Directory, it is available in the Parish Office.

Blessings! —Kathy Gerhard, president

### STM \$crip News

Do you shop on Amazon? Use Amazon Smile and raise money for STM while you shop! Click the link at www.stmoside.org/scrip.htm to get started.

We appreciate your continued support for the Scrip program. For more information, visit www.stmoside.org/scrip.htm or contact the Scrip team at 760-758-4100 x150 or scrip@stmoside.org



Mega thanks to Anne and Bob Fallone for hosting a fabulous Oktoberfest on October 23. It was a huge success!

This made it possible for the Gala team to give STM the money to bring our 2016 "Year of Celebration" total to \$61,000!

The Gala team thanks YOU for your support and invites you to join us in our final "Year of Celebration" event, the Christmas Cookie Exchange. This is a fun and festive event, where everyone brings four dozen cookies to exchange and also enjoys hot chocolate, coffee, juice, treats and fellowship! Our own Ava Ratajczak hosts this event, accompanied by Robin and Mary Ratajczak. This helps with the Gala's start-up funds for our 2017 Cinco de Mayo Gala!

Sign up at the Information Table, in the parish office or by contacting Chris Smith.

### **Christmas Cookie Exchange**

Saturday, December 17, 10:00am-12:00noon \$20/per person (\$10 tax deductible)

For information, please contact Chris Smith 760-758-4100 x120 or chriss@stmoside.org.

### **Pictorial Directory Update**

We are expecting delivery between December 8-15!

For those of you who have the complimentary 8x10 photo to pick up, you can come to the Parish Office during business hours (8:30am-4:00pm, Monday-Friday), or pick it up at the information table on the plaza after all weekend Masses.

\*Please note that if you did not have your photo taken at STM during our photo sessions in June, July, and August, OR at another Lifetouch photo location but submitted a photo, there will be a \$10 charge for processing and for the photo directory.

Kim Wright, 760-518-8465, kimw@stmoside.org

### **Catholic Widows and Widowers of North County**

The second Sunday of each month is our General Meeting and Potluck at 2:00pm. On the fourth Sunday we meet for a Communal Mass at various Catholic churches in North County. Check *www:cwwnc.com* or the bulletin board in the Parish Center Lower Level for our calendar of events including theatre, bowling, bocce ball, dining out, hiking, and more more! RSVPs are required. For more information call Carol Kope 760-726-0533.

### Veterans Brunch—Sunday, November 13, 11:30am-1:00pm

For Active/Reserve/Retired, and spouses of veterans (including the faithful departed). Please join us for remembrance, comradeship, and information about veterans benefits resources. To RSVP or for more information, visit www.eventbrite.com and Browse Events, then search for St.Thomas (no space).

# Liturgy & Music Worship God

Douglas Lynn Director of Liturgy & Music douglasl@stmoside.org; 760-758-4100 x140

### OUR CENTER, OUR CONSTANT

### scripture themes for November

by Patricia
Datchuck Sánchez
and Rafael
Sánchez Alonso,
from Celebration
November 2016,
with permission.

Here we are again, at that point in sacred time when one liturgical year ends and another begins. Time rolls by; the minutes, the hours, the days, months and years flow forward. There is no controlling or staying the movement; time can be measured but not mitigated, and the steady march into the future is as inexorable as the waves, gathering themselves up again and again to crash onto the shore.

Sometimes, the passage of time seems like a whirlwind, bringing so many changes into our lives. New and life-altering discoveries happen all around us. Fads come and go, the stock market rises and falls, natural disasters and calamities change the face and features of mother Earth. Diseases weaken and decimate the human family. Crime, violence, and wars threaten our hope and find us helplessly groping in the dark for a path to peace. Leaders come and go, some good, some weak and inept. Yet, through it all, through all the good and bad, through all the joys and sorrows, hopes, and fears, through all and every one of life's many, many years, there is one constant-Jesus Christ, "the Alpha and the Omega, the first and the last, the beginning and the end, the one who is and who was and who is to come, the almighty" (Rv 22:13; 1:8). Because of this unique constancy of Christ, we can go through time and all that it may bring our way with Christ as our center, our rock, our sure shelter in every moment of our existence. As we navigate life's sometimes treacherous seas, Christ is our Pharos or lighthouse, illuminating our path, guiding our way, and welcoming us home to himself. Not only a light from without, Christ is also the light that lives within us, inspiring our thoughts, words, and works and helping us to see, to truly see, with his own eyes.

Each month of each liturgical year, the sacred texts invite our closer centering and nearer, clearer focus on Christ. Providing necessary food for both body and spirit, our sacramental encounters with Christ encourage our faith and ease our fears. Take heart, we are told by Paul in his correspondence with the Thessalonians (Nov 6, 13), Christ the Lord is faithful; he will strengthen and guard us through good times and bad. Keep busy, work quietly. Keep on keeping on.

Near the end of his earthly mission, Jesus was similarly encouraging. God is a God of the living (Nov 6). Just as Jesus would suffer and pass through his horrific but salvific death on the cross to life everlasting, so shall those who follow Christ tread a similar path to glory. In the narrative of the seven brothers Maccabee and their mother, readers will be reminded that hope in the resurrection sustains and strengthens us in our ability to withstand any struggle (Nov 6).

We shall also be made mindful that, although the gift of resurrection is exactly that—God's gift—we are responsible, here and now, for being worthy and careful stewards of God's gifts and shall be judged accordingly. However, we need not cower in fear for we have Jesus' own promise: "I myself will give



He is not God of the dead, but of the living, for to him all are alive.

Luke 20:38

you a wisdom in speaking that all your adversaries will be powerless to resist or refute ... by your perseverance, you will secure your lives" (Nov 13).

Even from the cross, Jesus offered reassurances to those who would believe in him and make his way of goodness, truth, mercy, and justice their own. When one of the criminals who was crucified with Jesus asked to be remembered when Jesus came into his kingdom (Nov 20), Jesus saw his request as a sign of faith and replied, "Today, you will be with me in Paradise." What Jesus said to him, he says to each of us who believe and hold him as the center and constant in our lives.

Until that time comes, when Jesus' words are realized for us, we are gifted yet again with all the promises and possibilities of a new year (Nov 27). What lies ahead? We do not know. But we can walk confidently into the new year because, regardless of what may happen and who may enter or depart from our lives, there is nothing to fear or dread. Our center, our constancy is none other than Jesus Christ, who was and who is and who will ever be our Lord and our God, all-powerful ruler of the cosmos and loving brother to us all.

## Upcoming Music

X

NOVEMBER 13 33rd Sunday in Ordinary Time

X

5:00pm

**Tower Bells** 

8:30am

Sanctuary Choir

10:30am

Praise Team

### Are you generous with a smile?

Christmas is coming, and so are the visitors and extended family members!

Additional Hospitality ministers are needed!

Can you serve? Training is provided!

Contact Joyce Meehan, Hospitality Coordinator, at joycem@stmoside.org or on the plaza this weekend!

### **Faith Formation**

leach and Live the Gospel Matt Franklin Youth Advocate 760-758-4100 x161: mattf@stmoside.org

Debbie Fredette Director of Faith Formation 760-758-4100 x110; debbief@stmoside.org

### Family Faith Formation

### Today Is A REACH Sunday!

**Is Your Child Enrolled in Faith Formation?** It's not too late to register for classes! Classes are available for children ages 3-Adult **Contact Debbie in the Faith Formation Office today!** 

### Sacrament Prep News



Sunday, December 4, 12:30pm is our next **Reconciliation/Eucharist Parent Meeting** 

for parents with a child in their second year of Sacrament preparation. Meet on the Parish Center Upper Level.

Saturday, November 12, is an M3 event for Year 1 and Year 2 Confirmation classes and their families.

Join us for 5:00pm Mass and a potluck immediately following on the Parish Center Lower Level.

### Join Us Today for "Ask The Pastor!"

Do you have questions for Fr. Mike about the Parish, the wider church, or theological issues? Here is your chance to get those questions answered. Join us today Sunday, November 6, at 12:30pm on the Parish Center Upper Level. For more information, please contact Debbie in the Faith Formation office at debbief@stmoside.org.



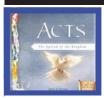
### Fuel Up at Tommy's Café!



Specialty Coffee/Homemade Cinnamon Rolls/Donuts/Bagels/Juices. Come check out Tommy's Café and Support Youth Ministry at our Parish.

### Adult Faith Formation

### **Bible Study News**



Don't Miss Out on These **Great Studies! Register Today by Calling** the Faith Formation Office at 760-758-4100 x110



**Wednesday Morning Bible Study Continues** November 9 9:00-11:00am

Thursday Evening **Bible Study Continues** November 10 7:00-8:30pm Childcare is available

### Relationship Skills Workshop



Tuesday evenings, 7:00-8:30pm The next session will be held on November 8 on the **Parish Center Lower Level** No need to register, and there is no cost to attend. Come for some or all of the sessions.

### Little Books for Advent

Little Books for Advent are now available to purchase in the Parish Office during the week or at the Parish Information table after all the weekend Masses. Get inspired this Advent by using this daily reflection tool. Just \$2, and they make wonderful gifts for family and friends!

### The Ark Nursery



Open during the 10:30am Mass for children up to 5 years of age. Contact Lia Keane at liak@stmoside for more information or to buy your ARK card.

### Youth Ministry



Middle School

High School Wednesdays 6:30-8:30pm



Mondavs

7:00-10:00pm mattf@stmoside.org

Sundays 4:30-6:00pm

# Stewardship & Development Serve God's People

Chris Smith Director of Stewardship & Development chriss@stmoside.org; 758-4100 x120

### Collection for Week of October 29/30, 2016

Number of Registered Households 1.234 \$11,229.34 Offertory (Loose Collection) \$1,303.00 \$12,532.34 Total

"Did You Know " Collection October 2016 \$2,109.00

### Restaurant Fundraisers October 2016

Nucci's \$172.44

### St. Francis and St. Thomas More Offertory Envelopes

Any St. Francis Offertory Envelopes given to the offertory collection at St. Thomas More will be returned to St. Francis. Any St. Thomas More Offertory Envelopes given to the offertory collection at St. Francis will be returned to St. Thomas More.

### **Got Deductions?** 2016 YEAR-END CHECKLIST

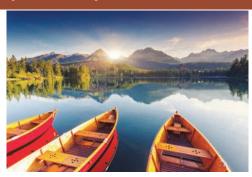


- BE SURE TO COMPLETE all gifts by December 31 to qualify for tax savings on this year's tax return. Advance planning with the Parish Office is essential, since the office will be closed from Friday, December 23, 2016, at noon and will reopen on Tuesday, January 3,
- Donations received at the Saturday, December 31, 2016 Vigil Mass will be credited in the 2016 tax year.
- Envelopes POSTMARKED by Saturday, December 31, 2016, will be counted toward the 2016 tax year.
- Annual Catholic Appeal ~ Parishioners with a balance due on their pledges made to this year's ACA are requested to conclude payments by December 31, 2016. (Tithing families, know that your tithe covers your ACA contribution.)
- Keep all gift receipts and acknowledgment letters, especially for gifts of \$250 or more.

### For more information please contact:

Chris Smith at 760-758-4100 x120 or chriss@stmoside.org

### Empowered by God's Grace and Love



### Thank you, Lord for all the beautiful and wonderful things we experience in our life;

for the beauty of the earth and its amazing colors; for crisp autumn mornings and sparkling winter nights; for mountains and forests, rivers, and seashores.

### Thank you, Lord for all the beautiful and wonderful things we experience in our life;

for the water that cleanses, the clothes that bring warmth, the food that nourishes, and the home that gives comfort.

### Thank you, Lord for all the beautiful and wonderful things we experience in our life:

for those who love us and care for us; for those who value us for who we are; for those we call family, friends, neighbors.

### Thank you, Lord for all the beautiful and wonderful things we experience in our life;

for the gift of Christ, your son; for his life, his gospel, his cross, and his Church; for his Eucharistic meal and the promise to be with us always.

### Thank you, Lord for all the beautiful and wonderful things we experience in our life;

for the time you've allotted us, the life you've offered us, the opportunities you've afforded us, and the miracles you've worked for us.

### Thank you, Lord for all the beautiful and wonderful things we experience in our life;

and for your infinite love that meets our daily needs. May our love, too, be known for its abundance, its readiness to bless and heal, to offer peace and promote justice, and to serve in Jesus' name. Amen.

—ICSC November 2016 e-bulletin (with permission)

As we begin our month of Christian Stewardship Awareness/Renewal, let us always be thankful for all the gifts God bestows upon us every single day. God must work in us . . . If he is to work through us.

### **Memorial Item Donations Available**

Jesus on the Road to Emmaus Bronze Sculpture for Daily Mass Chapel Parish Offices	\$30,000
Metal Framing Exterior Walls	\$60,000
<b>HVAC Components</b>	\$55,000
Roofing	\$45,000
<b>Exterior Windows and Doors</b>	\$45,000
Exterior Brick	\$30,000
Plumbing	\$30,000
Plumbing Finish and Fixtures	\$10,000

### **Memorial Item Donations Partial**

Jesus, Divine Redeemer and Master of the Universe Mosaic Panels for Memorial Garden (54) 12 available	\$5,000/each
Priests' Concelebration Vestments (4) 4 available	\$400/each
Pew Seating for the Church (1,000) 706 available	\$300/each
Daily Mass Chapel and Choir Chairs (200) 93 available	\$300/each
Altar Server Albs (15) 8 available	\$125/each
Pipe Organ—Our pipe organ is our	
"pipe dream"but dream we must donations of any amount toward the	\$850,000

11/01/16

Memorials are a way of honoring those whom we love, whether they are living or deceased. Often, memorials are made for a special intention or in thanksgiving for a variety of blessings received from God.

Listed above are items still available for adoption.

pipe organ will be accepted

All contributions will be recognized in a special memorial to be displayed in our Parish Memorial Garden.

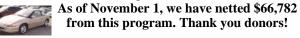
For more information or to adopt an item, contact Chris Smith 760-758-4100 x120 or *chriss@stmoside.org* 

### **STM Vehicle Donation Program**

Do you have a vehicle you want to donate?
Call us, and we'll have it picked up operational or not!

You get the tax deduction!

We can accept vehicles without current registration and can file for replacement title if it has been lost.



For more information, contact the Parish Office: 760-758-4100 x100 or parishoffice@stmoside.org

## The Larger Church News

**Craft Fair**—Saturday, November 12, 9:00am-2:00pm, St. Elizabeth Seton Parish, 6628 Santa Isabel St., Carlsbad. Handmade items, refreshments, and raffle tickets. Watch for crafters from STM!

**Thanksgiving Day Dinner for the Homeless and Needy**—On November 24, St. Francis of Assisi Parish will host a dinner for the homeless and needy of Vista. Donations to this effort are appreciated. Contact Mike Pritchard, Soup Kitchen Ministry, at 760-945-8000.

Casa de Molina Children's Christmas Party—Saturday, December 16. Volunteers and donors needed. For more information, contact Vicky Molina at *motherv5@cox.net* 

The Glory of the Lord Shines Upon You: Epiphanies in LGBT Lives—January 6-8, 2017; Non-silent Retreat for Women and Men at The Jesuit Retreat Center of Los Altos, California; Fr. Michael Zampelli, SJ; Dr. Sheila Nelson; and, Mr. Gregory Dale Schultz. A weekend retreat for the LGBT community to relax and reflect on the mysteries of Incarnation and Epiphany... How does God take flesh in our lives? How does God's glory shine upon us? How are we being called to become "a light for the nations?" The weekend will include ample opportunity for private, silent prayer, communal prayer, and group faith sharing. Information Contact: reservations@jrclosaltos.org.



**Volunteer Reading Tutors Needed**—Oasis Tutoring is seeking volunteers who can spend one hour a week at a local elementary school with a K-4th grade child. No experience required; training provided; clearance required. For more information, contact John Dunnicliff at 760-796-6020.

### Young Adult Opportunities around the Diocese

For more information, visit www.yamsd.org. To receive text updates, text **YAM** to **84576**.

To receive text updates, text YAM to 84576.

For North County Young Adult Meetups text **STYM to 84567** or www.facebook.com/NorthCountyYoungAdults.

Visit www.sandiegocac.org for activities around the Diocese for adults of **all** ages.

### Catholic Radio—AM 1000/Sirius 130—San Diego

Visit ihradio.com/sandiego

### St. Francis Church News

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For a video about the school, visit: http://tinyurl.com/gwqu23u



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### **Parish Contacts**

Updated 09/28/2016

Council Chairpersons: Pastoral-Lisa Attardo 760-940-1505 • Finance-Ron Briseno 760-224-3105 • Development-Jody Cadieux 760-809-9761

Pastoral Council Committees	Spirited SeniorsJim & Marilyn Da	ny 760-509-4545	
Religious Education/Faith Formation/Evangelization	Treasures Rummage SaleJohn & Wendy Murph	y 760-497-6117	
Rory Griffin 760-414-3939	Walking MinistryDiane P	al 760-815-2519	
Religious Education for Adolescents & Children (RE.A.CH)	Women's GuildKathy Gerham		
Debbie Fredette 760-758-4100 x110	Social Ministries Stacey & Morgan Esp	e 760-224-2699	
Liturgy of the Word for Children Heidi Madden 760-529-2400	Blood Drive Stacey & Morgan Esp	be 760-224-2699	
Sacramental PreparationDebbie Fredette 760-758-4100 x110	Brother Benno's CollectionDcn. Tom Goel		
RCIA Kathleen Bell 760-809-6526	Brother Benno's Kitchen ServerGeorge Jone	es 760-940-9288	
Moms & KidsLia Haubert 760-758-4100 x100	Christmas Angel Ministry Kevin & Lisa Seufe	rt 760-732-5965	
	CPR/AED ClassesPhil Gosciens		
Estelle Eral 760-758-4100 x100	Culture of Life	er /60-822-7041	
Ecumenical & Interreligious Affairs Regina Aulisio 760-295-5530	Disability Facilitation		
Youth Ministry Matt Franklin 760-758-4100 x161	Jail Ministry		
High School	Referrals: Deacon John Fredette 760		
Young Adults Matt Franklin 760-758-4100 x161			
Religious Education for AdultsDebbie Fredette 760-758-4100 x110	Prayer Request LinePat Wor	18 700-000-1310 20 760 508 6248	
Bible Study Patt Goeltz 760-727-8442	Project LinusMary Coxe	on 760-590-0240	
Centering PrayerMary Williams 760-758-4100 x100	Social Justice Committee	N 760-355-8700	
Men's Fellowship	Interfaith Center for Worker Justice	K 100-136-0131	
Women's MinistryLia Keane 760-586-8049	Joyce Meeha	n 760-304-0373	
Vocations	San Diego Organizing Project (SDOP)	III 700-30 <del>4</del> -0373	
LiturgyKathy Arciero 760-231-1022	Sr. Maureen Brown 760	)-758-4100 x131	
Art & Environment Kathy Arciero 760-231-1022	Solutions for Change Kevin & Lyn Leah	v 760-643-0872	
Bereavement MinistrySr. Maureen Brown 760-758-4100 x131	Family Shoe MinistryRick & Heidi Madde		
Eucharistic Adoration	St. Bonaventure MissionDcn. Tom Goel	tz 760-727-8442	
Interior Design TeamPat & Phil Goscienski 760-732-1414	Office Support	0-758-4100 x100	
Liturgical MinistriesDouglas Lynn 760-758-4100 x140	General SupportHenny Jocelyn 760	0-758-4100 x100	
Music Ministry	Kitchen ManagerRebecca Eyer 760	0-758-4100 x100	
Sacristans—Altar Guild	Development Council Committees		
Sacristans—Altar LinensAnna Meyers 760-727-4998	Annual Catholic AppealLorraine Doering 760	)-758-4100 x 102	
Marriage & Family Life	New Construction	ev 760-224-1674	
Bringing the Celebration Home	Parish MembershipValerie Thompso	on 760-630-1703	
Diocesan Liaison	Planned Giving Chris Smith 760		
Family Services	Publicity/Public RelationsJane Gladde	en 760-659-6168	
Marriage Preparation Rev. Michael Ratajczak 760-758-4100 x100	Scrip Sales Andrea Sweene	ev 760-216-6389	
Widows & Widowers of North CountyCarol Kope 760-726-0533  Parish Organizations & Events	Lisa Seufe		
Annual Gala	Stewardship Chris Smith 760	0-758-4100 x120	
Historian/Archives	Vehicle Donations Diana Diaz 760	0-758-4100 x100	
Knights of ColumbusJohn Murphy 760-497-6117	Welcome Ministry Chris Smith 760	0-758-4100 x120	
Social Activities	·		
Social ActivitiesTelling Jocelyn 700-736-4100 X100			
Pastor	al Staff		
Rev. Michael Ratajczak, Pastor		@stmoside.org	
Rev. Karl Bauer, Senior Priest	760-758-4100 x133 karlb	@stmoside.org	
Dcn. John Fredette	760-758-4100 x104iohnf	@stmoside.org	
Dcn. Tom Goeltz	760-758-4100 x100 thomasg	@stmoside.org	
Sr. Maureen Brown, Pastoral Associate			
Dcn. John Fredette, Business Manager			
Debbie Fredette, Director of Faith Formation	760-758-4100 x110 debbief	@stmoside.org	
Matt Franklin, Youth Advocate	760-758-4100 x161 mattf	@stmoside.org	
Stacey Griffin, Faith Formation Office Assistant	760-758-4100 x110 staceyg	@stmoside.org	
Lia Keane, Director of Ark Nursery			
Douglas Lynn, Director of Liturgy and Music	760-758-4100 x140 douglasl	@stmoside.org	
Kathy Santy, Assistant Music Director	760-758-4100 x100 kathys	@stmoside.org	
Sally Fay, Organist/Choir Accompanist	760-758-4100 x100 sallyf	@stmoside.org	
Chris Smith, Director of Stewardship and Development			
Joe Garcia, Director of Maintenance			
Henny Jocelyn, Receptionist/Secretary			
Lorraine Doering, Parish Office Technician	760-758-4100 x102	@stmoside.org	
Rebecca Eyer, Sacristan			
Brian Leahey, Director of Construction		@stmoside.org	
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Reviews and Ratings of both current and archived films are available at:

www.catholicnews.com/movies.htm

### Know *before* they go

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## November 2016 - As a Catholic voter...

# How do I Decide?

Our nation faces many political challenges that demand well-informed moral choices: the ongoing destruction of a million innocent human lives each year by abortion; physician-assisted suicide; the redefinition of marriage; the excessive consumption of material goods and destruction of natural resources, harming the environment as well as the poor; deadly attacks on Christians and other religious minorities throughout the world; efforts to narrow the definition and exercise of religious freedom; economic policies that fail to prioritize the needs of poor people, at home and abroad; a broken immigration system and a worldwide refugee crisis; and wars, terror, and violence that threaten every aspect of human life and dignity.

As Catholics, we are part of a community with profound teachings that help us consider challenges in public life, contribute to greater justice and peace for all people, and evaluate policy positions, party platforms, and candidates' promises and actions in light of the Gospel in order to help build a better world.

Visit the California Catholic Conference Website to learn more:

http://www.cacatholic.org/faq-page







## End the Use of the Death Penalty in California Yes on Prop 62 – No on Prop 66

### **Pope Francis**



"This conviction has led me, from the beginning of my ministry, to advocate at different levels for the global abolition of the death penalty. I am convinced that this way is the best, since every life is sacred, every human person is endowed with an inalienable dignity, and society can only benefit from the rehabilitation of those convicted of crimes. Recently my brother bishops here in the United States renewed their call for the abolition of the death penalty. Not only do I support them, but I also offer encouragement to all those who are convinced

that a just and necessary punishment must never exclude the dimension of hope and the goal of rehabilitation."

Pope Francis, Speech to the U.S, Congress, September 24, 2015

### **California Catholic Conference of Bishops**

"All life is sacred – innocent or flawed – just as Jesus Christ taught us and demonstrated repeatedly throughout His ministry. This focus on the preciousness of human life is fundamental to Christianity and most eloquently expressed in the two great commandments: "You shall love the Lord your God with all your heart ... love your neighbor as yourself." (Mk. 12.30-31) Jesus makes clear that to love God we must love our neighbor. Each of us holds an inherent worth derived from being created in God's own image. Each of us has a duty to love this divine image imprinted on every person. "Whoever does not love a brother whom he has seen cannot love God whom he has not seen." (I Jn. 4.20)"



"In November – the concluding month of the Year of Mercy – Californians have the opportunity to embrace both justice and mercy (cf. Ps. 85.11) in their voting. We strongly urge all voters to prayerfully consider support for Proposition 62 and opposition to Proposition 66."

- The <u>death penalty perpetuates the culture of death</u> in a world reeling from too much violence
- Death Row inmates are disproportionally three times <u>more likely to be poor,</u>
   poorly educated, and people of color than the general population
- Statistics show the Death Penalty <u>does not reduce the incidence of crime</u>

### Yes on Prop 62, No on Prop 66

Catholic Teaching - <a href="www.cacatholic.org/death-penalty">www.cacatholic.org/death-penalty</a>
Election 2016 Resources - <a href="http://www.cacatholic.org/take-action/election-2016">http://www.cacatholic.org/take-action/election-2016</a>

## **Heartnotes Special Edition**

### November 2016



Congratulations to these parishioners who were certified in CPR during September and October. They have joined more than 500 others who are making their families, their congregation, their workplace and their community safer.

Debbie Ipsen	Joy Molony
Wayne Zych	Cathleen Zych
Christine LaPorte	Heidi Madden
Margaret Arguello	Nicole Noivo
Kelsey Williams	Miko Maly
Eamon Newsome	Hector Tusei
Tom Browne	Katie Browne
Craig Remington	Paul Schlunt
Adela Franco	Mary Betz
Ana Sofia Gonzalez	Joe Garcia
Fr. Mike Ratajczak	Kathy Santy
Chris Smith	Henny Jocelyn
Dcn. John Fredette	Douglas Lynn
Darcy O'Connell	Gayle Sharp
	Wayne Zych Christine LaPorte Margaret Arguello Kelsey Williams Eamon Newsome Tom Browne Craig Remington Adela Franco Ana Sofia Gonzalez Fr. Mike Ratajczak Chris Smith Dcn. John Fredette

If you would like to be kept informed of the classes that will be held in January, February and March, as well as our (nearly) monthly *Heartletter* that keeps you up to date in the latest developments in lifesaving methods, send us an email at *drphilg@cox.net*. Our list is not used for any other purpose.

Would you like to bring your CPR skills to a new level? Become an American Red Cross CPR instructor. The course usually requires one or two days at the ARC headquarters in the Kearny Villa area of San Diego. Members of the parish who become instructors will receive reimbursement when they co-teach in order to defray their cost. For more information contact Dr. Phil Goscienski, Medical Director, at 760-732-1414 or *drphilg@cox.net*.



